

Keep Me In Mind

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate / Intermediate
编舞者: Dee Musk (UK) - February 2012
音乐: Keep Me in Mind - Zac Brown Band : (Album: You Get What You Give - Deluxe Edition)



16 Count Intro. Approx 13 seconds - Track approx 3 mins 34 secs BPM 96

Cross Rock Side, Cross Rock Side, Cross Side, Sailor Step.

1&2 Cross rock R over L, recover weight to L, step R to R side.
3&4 Cross rock L over R, recover weight to R, step L to L side.
5,6 Cross R over L, step L to L side.
7&8 Cross R behind L, step L to L side, step R to R side. (12 o'clock).

Cross Side, Sailor ½ Turn Cross, ¼ Turn Right, ½ Turn Right, Chasse ¼ Turn Right.

1,2 Cross L over R, step R to R side.
3&4 Making a ½ turn L cross L behind R, step R to R side, cross L over R.
5,6 Make a ¼ turn R stepping forward on R, make a ½ turn R stepping back on L.
7&8 Making a ¼ turn R step R to R side, close L beside R, step R to R side. (6 o'clock).

Cross Back & Cross Side, Behind Side Cross, Rock ¼ Turn Right Step.

1,2 Cross L over R, step back on R.
&3,4 Step L to L side, cross R over L, step L to L side. (*R)
5&6 Cross R behind L, step L to L side, cross R over L.
7&8 Rock L out to L side, recover weight to R making 1/4 turn R, step forward on L. (9 o'clock).

Full Turn Left, Step ½ Turn Step Left, Kick Out Out, Back Rock Side.

1,2 Travelling forward make a full turn L stepping back on R, stepping forward on L.

(Optional walk forward R, L).

3&4 Step forward on R, make a ½ turn L, step forward on R.
5&6 Kick L forward, step out on L, step out on R.
7&8 Cross rock L behind R, recover weight to R, step L to L side. (3 o'clock).

*Restart during wall 7 – dance up to and including count 20. Begin again facing 12 o'clock.

Optional Ending: On the last wall dance up to counts 7&8 of section 1 - sailor step, then to finish facing the front, instead of a sailor ½ turn left make a sailor ¾ turn left.

Ta daa! Enjoy !