

# It's a Heartache

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Phrased Beginner  
编舞者: Sally Hung (TW) - February 2012  
音乐: It's a Heartache - Rod Stewart



Dance starts after 16 counts - Sequence of Dance: ABAB(24)B(24)/ABAB(24)B(24)/ABA

## AI. L & R FORWARD SCUFF, ¼ TURN R JAZZ BOX

1-2            Step R forward, brush L  
3-4            Step L forward, brush R  
5-6            ¼ turn R stepping R across L, step L back  
7-8            Step R to right side, step L next to R

## AII. MONTEREY ¼ TURN RIGHT, R & L SAILOR STEP

1-2            Point R to right side, step R together  
3-4            Turning ¼ R point L to left side, step L together  
5&6           Step R behind L, step L to left side, step R to right side  
7&8           Step L behind R, step R to right side, step L to left side

## AIII, VINE R, STEP ACROSS, BACK LOCK, BACK TOUCH

1-2            Step R to right, step L behind R  
3-4            Step R to right, step L across R  
5-6            Step back on R, lock step L in front of R  
7-8            Step back on R, touch L beside R

## AIV. VINE L, SCUFF FORWARD, STEP LOCK, STEP TOUCH

1-2            Step L to left, step R behind L  
3-4            Step L to left, scuff R forward  
5-6            Step R forward, lock step L behind R  
7-8            Step forward on R, touch L beside R

## BI. FWD BIG STEP L, FWD BIG STEP R, ¼ TURN R JAZZ BOX

1-2            Step fwd on R, big step touch L to the L  
3-4            Step fwd on L, big step touch R to the R  
5-6            ¼ turn R crossing R over L, step L back  
7-8            Step R to right side, step L next to R

## BII. ¼ TURN R, STEP LOCK, STEP TOUCH, ½ TURN L, STEP LOCK, STEP TOGETHER

1-2            ¼ turn R stepping R forward, lock step L behind R  
3-4            Step forward on R, touch L beside R  
5-6            ½ turn L stepping L forward, lock step R behind L  
7-8            Step R forward, step L together

## BIII. R KICK-BALL-CHANGE X2, L HALF TURN WALKING

1&2            Kick R forward, step R back, step R in place  
3&4            Kick R forward, step R back, step R in place  
5-8            walk R, L, R, L make a half turn L

## BIV. R CROSS ROCK, SIDE TOUCH, ¼ TURN R SIDE TOUCH, SIDE TOGETHER

1-2            Cross rock R over L, rock back onto L  
3-4            Step R to R, touch L beside R  
5-6            ¼ turn R stepping L to L, touch R beside L

7-8                    Step R fwd, step L together

Happy dancing!

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