Walkin' The Dog



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音乐: Walking the Dog - Rufus Thomas: (Album: Blues And Soul Masters)



Intro: start with lyrics

WALK, WALK, ANCHOR STEP, WALK BACK, BACK, COASTER STEP

1-2 Step right forward, step left forward

3&4 Cross/rock right behind left (3rd position), recover to left, cross right behind left (3rd position)

5-6 Step left back, step right back

Or make a full turn left stepping turn ½ left (6:00), turn ½ left (12:00) 7&8 Step left back, step right together, step left forward

For a more West Coast feel make this an anchor step

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SIDE, TOGETHER, HEEL DROP, CROSS, SIDE, SAILOR STEP, SAILOR STEP

&1 Step right to side (angle body to the left diagonal), step left together

&2 Slightly lift both heels and pop knees forward, drop both heels and snap fingers (keep weight

on left)

3-4 Cross right over left, step left to side

5&6 Right sailor step7&8 Left sailor step

CROSS, TOUCH, STEP, TURN 1/4 RIGHT, ROCK, RETURN, COASTER STEP

1-2 Cross right over left (bring right arm up, palm facing forward in a stop gesture), touch left

behind right heel

3-4 Step left in place, turn ½ right (weight to right) (3:00)

5-6 Rock left forward, recover to right

7&8 Step left back, step right together, step left forward

For a more West Coast feel make this an anchor step

REPEAT