

Arms of Mary

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Marie Sørensen (TUR) - February 2012
音乐: Arms Of Mary - Keith Urban



Intro: 32 Counts

Diagonal Step, Sweep, Sweep Back, Sweep, Behind, Side, Cross, Side

1-2 Step Right diagonal fwd. Right, sweep Left in front of Right (Weight on Right)
3-4 Sweep Left behind Right (Weight on Left), sweep Right behind Left
5-6 Cross Right behind Left, step Left to Left side
7-8 Cross Right in front of Left, step Left to Left side (12:00)

Cross Rock, Recover, ½ Turn Shuffle Right, Rock, Recover, Triple Full Turn Left

1-2 Rock Right in front of Left, recover
3&4 ¼ turn Right, step Right to Right side, step Left beside Right, ¼ turn Right, step fwd. Right
5-6 Rock fwd. Left, recover
7&8 ½ turn Left, step Left fwd, step Right beside Left, ½ turn Left, step Left beside Right (06:00)

Back Rock, Recover, ¾ Step Turn Left, Sweep, Sweep, Behind, Side, Cross

1-2 Rock back Right, recover
3&4 Step fwd. Right, ½ turn Left, ¼ turn Left, step Right to Right side
5-6 Sweep Left behind Right, sweep Right behind Left
7&8 Step Right behind Left, step Left to Left side, cross Right in front of Left (09:00)

Sway, Sway, Behind, Side, Cross, Sway, Sway, Sway, Sway

1-2 Step Left to Left side, sway to the Left, step Right to the Right side, sway to the Right
3&4 Cross Left behind Right, step Right to Right side, cross Left in front of Right side

Restart the dance here on wall 2 & 5

5-6 Step Right to the Right side, sway Right, step Left to the Left side, sway Left side
7-8 Step Right to the Right side, sway Right, step Left to the Left side, sway Left side (09:00)

There are 2 Restart & 2 Tags

RESTART:

No. 1 - During wall 2, after 28 Counts – Facing 06:00

No. 2 – During wall 5, after 28 Counts – Facing 09:00

TAGS:

No. 1 – After wall 3 – 4 Counts tag – Facing 03:00

No. 2 – After wall 6 – 4 Counts tag – Facing 06:00

Jazz Box, Cross

1-2 Cross Right in front of left, step back on Left
3-4 Step Right to Right side, cross Left in front of Right

Have Fun!