

Knock Yourself Out

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Marie Crater - 2011
音乐: Knock Yourself Out - Lee Roy Parnell : (Album: We All Get Lucky Sometimes)



Alt. Music:-

"Diddle De Dum" by Brenda Lee (The Best Of Brenda Lee)

"All I Want For Christmas Is My Two Front Teeth" by George Strait (Merry Christmas Wherever You Are)

No Tags - No Restarts

Vine Right With Heel Jack, Vine Left With Heel Jack

1-4 Step right with right foot, behind left, side with right, left diagonal heel.
5-8 Step left with left foot, behind right, side with left, right diagonal heel.

Walk Back, Touch Toes, Step Forward, Slide, Step Forward, Scuff

1-4 Walk back three steps starting with right, touch left toes behind right heel.
5-8 Step forward on left, slide right up to left heel, step forward on left, scuff right over left.

Jazz Box, Rock Forward, Rock Back, Step right 1/4 Turn Right, Step Left Next To Right

1-4 Cross right over left, step back on left, step right on right, step left beside right.
5-6 Rock forward on right, rock back on left.
7-8 Step right 1/4 turn to right stomp left next to right.

Step Kick, Step Touch, Step Kick, Step Stomp

1-4 Step right, Kick left, step left beside of right, touch right toes behind right heel.
5-8 Step right, kick left, step left beside of right, stomp right beside of left.

Repeat Dance, Have Fun!

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