

I'm A SLAVE 4 U

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Low Intermediate
编舞者: Earleen Wolford (USA) - January 2012
音乐: I'm a Slave 4 U - Britney Spears



Other music: Boys by Britney Spears; Hey baby by No Doubt; I wanna be bad by Willa Ford; Can't fight the moonlight or The right to be wrong by LeAnn Rimes,
All music available on iTunes

[1-8] 4 Knee roll outs with Hips

- 1-2 Weight on L foot roll R knee out to R clockwise w/hip roll at same time, roll knee back In counter clockwise w/hip roll at same time
- 3-4 Roll L knee out to L counter clockwise w/hip roll at same time, roll knee back in Clockwise w/hip roll at same time (L takes weight)
- 5-6 Pivoting on L foot ¼ turn to R, repeat 1-2
- 7-8 Repeat steps 3-4

[9-16] R toe touch out/in, 2 taps, step down, lift L knee up, jazz box w/lean

- 9-10 Touch R toe out to R, touch R toe next to L in-step
- 11&12 Tap R toe to R 2 times, step down on R at the same time lift L knee up
- 13-14 Step down on L (slightly lean to left), cross R over L
- 15-16 Step back on L, step out to the right on R foot (R takes weight)

[17-24] Step touch forward & back, step L, three ¼ turn hip rolls left (totaling ¾ turn L)

- 17-18 Step forward on L, touch R toe forward (when touching R toe forward, slightly leaning Back and bringing arms forward at the time)
- 19-20 Step back on R, touch L toe back (when touching L toe back, slightly lean forward and Bringing arms back at the same time)
- 21 Step down on L turning L foot ¼ turn to left
- 22 Touch R toe forward on 45% angle to your left at same time do a Counter clockwise hip roll ¼ turn to L (at same time pivoting on your L)
- 23 Touch R toe forward doing counter clockwise hip roll 1/4 turn to the left (at same time Pivoting on L)
- 24 Repeat step 23 (L takes weight)

[25-32] Cuban motion hips R, L RLR, Cuban motion hips L, R, LRL

- 25 Step R to R side (use Cuban hip motion)
- 26 Step L next to R (use Cuban hip motion)
- 27&28 Step R, L, R (use Cuban hip motion, R takes weight)
- 29 Step L to L side (use Cuban hip motion)
- 30 Step L next to L (use Cuban hip motion)
- 31&32 Step L, R, L (use Cuban hip motion, L takes weight)

[33-40] R heal jack back together, R heal jack back, touch, lift R foot, 2 step touch turns R/L

- &-33 Step back on R, touch L heal forward
- &-34 Step down on L bringing L back to center, touch R toe next to L
- &-35 Repeat &-33
- &-36 Step down on L bringing L back to center, lift R foot up
- 37 Step ¼ turn to R on R while pivoting on L toe at same time
- 38 Touch L toe next to R while turning ½ turn to L and pivoting on R
- 39 Step forward on L
- 40 Touch R toe next to L while turning ½ turn to R

[41-48] 2 step touch turns R/L, 2 R taps, slide lean R, slide R toe ¼ turn next to L

- 41 Step ½ turn to R on R (while pivoting on L toe at same time)
- 42-43 Repeat steps 38-39
- 44 Step ¼ turn to R while pivoting on L touch R toe next to L
- 45-46 2 R toe taps slightly to R
- 47 Slide R toe slightly to R (at same time leaning slightly to R with R knee bent and L leg Straight but on an angle)
- 48 Slide R toe next to L while pivoting ¼ turn to L

Begin Again!! And BE A SLAAAAAAVE TO THE MUSIC!! HAVE A GREAT FUN TIME WITH IT!
