

Sticks & Stones

拍数: 64 墙数: 4 级数: High Beginner / Improver
编舞者: Roz Chaplin (UK) & Karen Kennedy (SCO) - January 2012
音乐: Sticks and Stones - Tracy Lawrence : (CD: The Very Best of Tracy Lawrence)



32 Count Intro

TOE STRUTS BACK X2, ROCK BACK, RECOVER, SHUFFLE FORWARD

1-2 Step back on left, drop left heel taking weight
3-4 Step back on right, drop right heel taking weight
5-6 Rock back on left, recover onto right
7&8 Step forward on left, close right beside left, step forward left

STRUTTING JAZZ BOX ¼ TURN RIGHT

1-2 Cross step right over left. Drop right heel taking weight.
3-4 Step left back, drop left heel taking weight
5-6 Step right toes ¼ turn right, drop right heel taking weight (3.00)
7-8 Step left beside right, (Taking weight) Hold & clap.

CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK

1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock back on left, recover onto right
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock back on right, recover onto left

SIDE, BEHIND, SIDE, CROSS, CHASSE, BACK ROCK

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, cross left over right
5&6 Step right to right side, close left beside right, step right to right side
7-8 Rock back on left, recover onto right

ROCK FORWARD, SIDE ROCK, BACK ROCK, FORWARD, SCUFF

1-2 Rock forward on left, recover onto right
3-4 Rock left to left side, recover onto right
5-6 Rock back on left recover onto right
7-8 Step forward on left, scuff right forward

STRUTTING JAZZ BOX ¼ TURN RIGHT

1-2 Cross step right over left. Drop right heel taking weight.
3-4 Step left back, drop left heel taking weight
5-6 Step right toes ¼ turn right, drop right heel taking weight (6.00)
7-8 Step left beside right, (Taking weight) Hold & clap.

ROCKING CHAIR, PIVOT ¼ TURN, SHUFFLE FORWARD

1-2 Rock forward on right, recover onto left
3-4 Rock back on right, recover onto left
5-6 Step forward on right, pivot ¼ turn left (9.00)
7&8 Step forward on right, close left beside right, step forward on right

SIDE TOUCH, FORWARD TOUCH, BACK TOUCH, SIDE TOUCH

1 – 2 Step left to left side. Touch right beside left. (Clap)
3 – 4 Step right forward. Touch left beside right. (Clap)

5 - 6

Step left back. Touch right beside left. (Clap

7 - 8

Step right to right side. Touch left beside right. (Clap)
