

# The Lesson

拍数: 32                      墙数: 4                      级数: Easy Intermediate  
编舞者: Achim La Grange (DE) - January 2012  
音乐: The Bridge You Burn - Reba McEntire



Intro: 32 Counts, Start: on vocals. - CW Rotation.

This Dance is written for my great Love ??

## LF Cross / Side / Kick Ball Cross / ½ Turn Left / Step Fwd. / Chassé ¼ Turn R

- 1 – 2                      cross L. over R., Step R to R. Side .
- 3 & 4                      kick L. forward, step L ball next to RF , cross R over L .
- 5 – 6                      make ½ turn L on balls (shift weight on LF), step forward on R .
- 7 & 8                      make ¼ turn R and step L. to L.side, close R next to L, step L. to L side 09.00

## Sailor Step / Sailor ¼ Turn L/ Press / Kick / Step Lock Back

- 1 & 2                      cross R behind L, step L to L side, step R. to R. side.
- 3 & 4                      step L. behind R, ¼ turn L and step R. to R side, step L to L side 06.00
- 5 – 6                      press R. Ball forward, recover weight on LF and kick RF forward .
- 7 & 8                      step back on R., lock L. over R., step back on R.

## Side / Drag / Ball Cross / Side / Sailor ¼ Turn L / Crossing Shuffle

- 1 – 2                      big step on L. to L side, drag R. toward left
- & 3 – 4                      step on R ball, cross L. over R, step R. to R side,
- 5 & 6                      step L. behind R, ¼ turn L and step R. to R side, step L to L side 03.00
- 7 & 8                      cross R. over L., step L. to L. side, cross R. over L.

## Side Rock Recover / Behind / Side / Cross /Point / Cross / Heel / Hold

- 1 – 2                      rock L. to L. side, recover weight to R.
- 3 & 4                      cross L. behind R., step R. to R. side, cross L. over R.
- 5 – 6                      point R. to R. side, cross R. over L,
- 7 – 8                      touch L. heel to L (angle upper body to left/, hold.

Start again.

Last Revision - 31st January 2012

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