

Apricot Stone

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Amund Storsveen (NOR) - January 2012
音乐: Apricot Stone - Eva Rivas



Start after 10 secs. - 4 count intro.

Dedicated to the hard-working people at Fløyenrock 2011, Bergen, Norway.

STEP FORWARD RIGHT, LEFT, RIGHT MAMBO FORWARD, STEP BACK LEFT, RIGHT, LEFT COASTER STEP

1-2 Step right forward, step left forward
3&4 Rock right forward, recover to left, step right back
5-6 Step left back, step right back
7&8 Step left back, step right together, step left forward

STEP FORWARD RIGHT, PIVOT ¼ LEFT, RIGHT CROSS-SHUFFLE, STEP LEFT, RIGHT SAILOR STEP, CROSS LEFT OVER RIGHT, ¼ TURN LEFT STEP RIGHT BACK

1& Step right forward, pivot ¼ turn left (weight on left) (9:00)
2&3 Cross right over left, step left to left side, cross right over left
4 Step left to left side
5&6 Cross right behind left, step left next to right, step right diagonally forward
7-8 Cross left over right, make a ¼ turn left on left and step right back

¼ TURN LEFT AND SWEEP, SYNCOPATED WEAVE, NIGHTCLUB BASIC RIGHT, LEFT

&1&2 Make a ¼ turn left on right and sweep left foot back, cross left behind right, step right to right side, cross left over right
&3&4 Step right to right side, cross left behind right, step right to right side, cross left over right (3:00)
5-6& Step right to right side, close left behind right, step right across left foot
7-8& Step left to left side, close right behind left, step left across right foot

¼ TURN RIGHT, PADDLE TURN ¼ RIGHT X 3, RIGHT MAMBO ½ TURN RIGHT, LEFT SHUFFLE FORWARD

1-2 Make a ¼ turn right and step right forward, pivot ¼ right and touch left toe slightly forward
3-4 Pivot ¼ right and touch left toe slightly forward, pivot ¼ right and step left diagonally left (3:00)

Note: Counts 1-4 completes a full turn right. Put your arms up in the air and roll your hips!

***** Restart comes here on wall 4**

5&6 Rock right forward, recover to left starting to turn ½ right, complete ½ turn right step right forward (9:00)
7&8 Step left forward, step right together, step left forward

Option: Do a full turn right on 7&8 (½ right step left back, ½ right step right forward, step left forward).

Restart:

***** On wall 4, do the first 28 counts, and then start the dance from the beginning (facing 6:00).**

Tag 1 (2 counts) – at the end of wall 2 (facing 6:00):

1-2 Click fingers twice

Tag 2 (4 counts) – at the end of wall 7 (facing 9:00):

1&2 Rock right forward, recover to left, step right back (right mambo forward)
3&4 Rock left back, recover to right, step left forward (left mambo back)

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