

Loud Music

拍数: 72 墙数: 2 级数: Improver
编舞者: Amund Storsveen (NOR) - January 2012
音乐: Loud A** Music (Livin' It Up Drinkin' 'Em Down) - Nick Lawrence Band



Start after 37 sec (72 counts after the beat kicks in).
Dedicated to all the hard working people at "Fløyenrock 2009".

R TOE STRUT FORWARD, L TOE STRUT FORWARD, R ROCKING CHAIR.

1-2 Step right toe forward. Drop right heel taking weight.
3-4 Step left toe forward. Drop left heel taking weight.
5-8 Rock right forward. Recover back on left. Rock right back. Recover forward on left.

R STEP, PIVOT ½ LEFT, R STEP, CLAP, L STEP, PIVOT ¼ RIGHT, L CROSS, CLAP.

9-12 Step right forward. Pivot ½ left. Step right forward. Clap.
13-16 Step left forward. Pivot ¼ right. Cross step left over right. Clap.

EXTENDED VINE RIGHT, R ROCK, L RECOVER, R CROSS, CLAP.

17-18 Step right to right side. Step left behind right.
19-20 Step right to right side. Cross step left over right.
21-24 Rock right to right side. Recover onto left. Cross right over left. Clap. (Ending – unwind ¾ left and raise arms!)

TURN ¼ RIGHT STEP L BACK, TURN ½ RIGHT STEP R FORWARD, L STEP FORWARD, SCUFF, R MAMBO, HOLD.

25-26 ¼ turn right stepping back on left foot, ½ turn right stepping forward on right foot
27-28 L step forward, R foot scuff forward
29-32 Rock right forward. Recover back on left. Step right back. Hold.

L TOE STRUT BACK, R TOE STRUT BACK, L COASTER CROSS, HOLD.

33-34 Step left toe back. Drop left heel taking weight and click fingers on right side.
35-36 Step right toe back. Drop right heel taking weight and click fingers on left side.
37-40 Step left back. Step right together. Cross step left over right. Hold.

R ROCK, L RECOVER, R CROSS, HOLD, L ROCK, R RECOVER, L CROSS, HOLD.

41-44 Rock right to right side. Recover onto left. Cross right over left. Hold.
45-48 Rock left to left side. Recover onto right. Cross left over right. Hold.

TURN ¼ LEFT R TOE STRUT BACK, TURN ½ LEFT L TOE STRUT FORWARD.

49-50 ¼ turn left stepping back on right toe. Drop right heel taking weight and click fingers.
51-52 ½ turn left stepping forward on left to. Drop left heel taking weight and click fingers.

R HEEL, HEEL, R TOE, TOE, HEEL HOOK COMBINATION

53-56 Touch right heel forward twice. Touch right toe back twice.
57-58 Touch right heel forward. Hook right heel in front of left knee.
59-60 Touch right heel forward. Touch right toe next to left.

R STEP, PIVOT ½ LEFT, STOMP RIGHT, STOMP LEFT

61-62 Step right forward. Pivot ½ left.
63-64 Stomp right slightly forward. Stomp left next to right.

R POINT, R TOUCH, R POINT, ½ MONTEREY TURN RIGHT, L TOUCH, ¼ MONTEREY TURN LEFT, R POINT, R TOUCH

65-66 Touch right toe right. Touch right toe next to left.
67-68 Touch right toe right. Monterey $\frac{1}{2}$ turn right and step right next to left.
69-70 Touch left toe left. Monterey $\frac{1}{4}$ turn left and step left next to right.
71-72 Touch right toe right. Touch right toe next to left.

REPEAT

Contact: www.komogdans.no - amund.storsveen@komogdans.no
