

A Good Night

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Per Mikkelsen (DK) - March 2010
音乐: Another Good Reason - Alan Jackson : (Album: High Mileage)



Intro: 16 Count: Country

Section 1: Rumba Box Left, Right

1 – 4 Step L to left, Step R together, Step L forward, Hold
5 – 8 Step R to right, step L together, step R back, Hold

Section 2: Rock Back, Weave skuff and step

1 – 2 Rock left back, step right forward ¼ turn left,
3 – 6 Cross L over right, step R to right, step L behind right, step R to right
7 – 8 Skuff L, step left to left

Sektion 3: Vaudeville Right, Cross ¼ Turn left

1 – 4 Cross R over left, step L to left, Dig R heel diagonally forward, step R next to left
5 – 8 Cross L over right, step R back with ¼ turn left, step L next to right, Hold

Sektion 4: Sugar foot swivel, kick, Behind side cross

1 – 4 Swivel L heel to right - touching R toe next to left, Swivel L toe to right - touching R heel next to left, Swivel L heel to right - touching R toe next to left, kick R forward
5 – 8 Cross R behind left, L to left, cross R over left, Hold

Sektion 5: Toe strut, left right left, Kick twice Right

1 – 2 Touch L toe forward, drop L heel taking weight
3 – 4 Touch R toe forward, drop R heel taking weight
5 – 6 Touch L toe forward, drop L heel taking weight
7 – 8 Kick R forward twice

Sektion 6: Right Toe strut ¼ Turn Right, Heel strut

1 – 2 Touch R toe back, drop right heel with ¼ turn right, taking weight
3 – 4 Touch L heel forward, drop L toe taking weight
5 – 6 Touch R heel forward, drop R toe taking weight
7 – 8 Touch L heel forward, drop L toe taking weight

Sektion 7: Camel steps, side rock cross, Hold

1 – 4 Step R forward with bended knee, slide L next to right, x 2
5 – 6 Rock L to left, recover weight to right
7 – 8 Cross L over right, Hold

Sektion 8: Heel bounces ½ turn right, back rock

1 – 4 Bounce both heels 4 x 1/8 turn right (½ turn)
5 – 8 Rock back on R, rock forward on L, step R forward, touch L next to right

Ending: Dance sugar foot swivel, kick ¼ left, Hold

1 – 2 Swivel L heel to right - touching R toe next to left, Swivel L toe to right - touching R heel next to left
3 – 4 Swivel L heel to right - touching R toe next to left, kick R forward
5 – 8 R beside left, Hold, turn ¼ left on left Hold,
1 – 2 Step R next to left, Hold

Keep it country, Dance, and have fun
