

Sundancer

拍数: 32 墙数: 4 级数: Improver
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - January 2012
音乐: Here Come the Sunshine - Tim Tim



"Celebrating 20 Years of Dance"

Start after 32 count intro – 105bpm – 3:08mins

[1-8] L fwd, R fwd touch/kick, R coaster, ¼ L ball cross ball cross

1-2 Step L forward, touch R toes forward (or kick R forward)
3&4 Step R back, step L together, step R forward
5-6 Rock L forward, recover weight on R
&7 Turning ¼ left step L side, cross step R over L (9 o'clock)
&8 Step L side, cross step R over L

[9-17] L side rock/recover, L behind-side-cross, R side, ¼ L hinge, ¼ L hinge, L coaster

1-2 Rock L side, recover weight on R
3&4 Cross step L behind R, step R side, cross step L over R
5-6 Step R side, turning ¼ left slide step L to left (6 o'clock)
7 Turning ¼ left slide step R to right (3 o'clock)
8&1 Step L back, step R together, step L forward

[18-24] R & L fwd toe switches, R fwd, L fwd rock/recover, L shuffle back

2&3& Touch R heel forward, step R together, touch L heel forward, step L together
4-5-6 Step R forward, rock L forward, recover weight on R
7&8 Step L back, step R together, step L back

[25-32] R & L apart, bounce, R ball cross side, L ball cross side, R back, L fwd, ½ R pivot turn

&1 Step R apart, step L apart
&2 Lift both heels up; bring both heels down with weight ending on L
&3-4 Step R back, cross step L over R, step R side
&5-6 Step L back, cross step R over L, step L side
&-8 Step R back, step L forward, pivot ½ right (9 o'clock)
