

# Forever Sway

**COPPER** **KNOB**  
STEPSHEETS

拍数: 48                      墙数: 2                      级数: High Beginner  
编舞者: Forty Arroyo (USA) - November 2011  
音乐: Forever and One Day (Radio Edit) - Mr. President : (3:39)



(This Hayloft Floor Split was inspired by- the FUN Intermediate Line dance "Forever and One Day" by John Robinson)

Dedicated to The Sturbridge & Brimfield Senior Line Dancers

Contact John Robinson [www.mrshowcase.net](http://www.mrshowcase.net); also available on [amazon.com](http://amazon.com)

Start dance after 16 – on vocals. - Sequence: 48, 48, 32, 48, 48, 32, 48, 48\*

## WALK, KICK, BACK, BACK, COASTER STEP

1- 4                      Walk forward right diagonal – R, L, R, Kick (or touch) L forward (1:30)  
5, 6                      Traveling back L diagonal – Step back on L, Step back on R (1:30)  
7&8                      Squaring off to 12:00 - Step back on L, Step R next to L, Step forward on L

## WALK, KICK, BACK, BACK, COASTER STEP

1- 4                      Walk forward left diagonal – R, L, R, Kick (or touch) L forward (10:30)  
5, 6                      Traveling back R diagonal – Step back on L, Step back on R (10:30)  
7&8                      Squaring off to 12:00 - Step back on L, Step R next to L, Step forward on L

## HIP SWAYS, ROCKING CHAIR

1- 4                      Sway hips R, L, R, L  
5- 8                      Rock Forward on R, Step L in place, Rock back on R, Step L in place

## RIGHT KICK, CROSS, STEP, STEP, LEFT KICK, CROSS, STEP, STEP

1, 2                      Kick (or touch) R forward – right diagonal, Cross R over L  
3, 4                      Step back on L, Step back on R  
5, 6                      Kick (or touch) L forward – left diagonal, Cross L over R  
7, 8                      Step back on R, Step back on L

**RESTARTS HAPPEN HERE AT 12 O'CLOCK ( 3rd and 7th repetition dance only the first 32 counts)**

**3rd repetition starts at 6:00 and 7th repetition starts at 12:00**

**(if dancing to Forever and One Day)**

## ¼ MONTEREY TURNS, TOUCH, STEP (REPEAT) – end at 6 O'clock

1, 2                      Touch R out to side, Pivot ¼ right on LF – stepping R next to L (3:00)  
3, 4                      Touch L out to side, Step L next to R  
5, 6                      Touch R out to side, Pivot ¼ right on LF – stepping R next to L (6:00)  
7, 8                      Touch L out to side, Step L next to R

## 2 RIGHT KICK BALL CHANGES, CHARLESTON

1&2                      Low kick R forward, Step ball of R next to L, Step L slightly forward  
3&4                      Low kick R forward, Step ball of R next to L, Step L slightly forward  
5- 8                      Step forward on R, Kick L Forward, Step Back on L, Touch R toes back

\*Ending – you will be ending at 6:00 – after the 2 kick ball changes – walk around ½ turn left to 12:00 – (instead of the Charleston) – (5-8) walk R, L, R, L

Repeat – Have Fun!!

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