

# Sugar

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 1      级数: Absolute Beginner  
编舞者: Amy Christian (USA) - January 2012  
音乐: Sugar Sugar - The Archies



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## WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH,

1-3      Walk forward, R, L, R,  
4      Kick L foot forward and low.  
5-8      Walk backwards, L,R,L, Touch R next to L,

## STEP, TOUCH X 4 WITH CLAPS,

1-4      Step R to right side, Touch L next to R & clap, Step L to left side, Touch R next to L & clap,  
5-8      Repeat steps 1-4,

## FULL TURN, WAVING HANDS,

1-8      Make a 1/4 turn right stepping R foot to right side, Step L next to R,

(Repeat another 3 times),

Or.. just have them stomp R, L, R, L, turning right, for 8 counts, 'til they come back to the front. :)

[Option – Make it a 2 Wall Dance by turning only a ½ turn, on this eight.]

## OUT, OUT, IN, IN, HIP BUMPS

1-4      Step R foot R side, Step L foot to L side, Step R foot in, Step L foot next to R foot,  
5-6      Hip bump R, R hand up(5)Hip bump L, L hand up (6),  
7-8      Hip bump R, R hand down (7),Hip bump L, L hand down(8),

**Begin again!**

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