

Not A Single Word

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate - Smooth Cha
编舞者: Irene Tang (HK) & Scott Schrank (USA) - January 2012
音乐: Ni una Sola Palabra - Paulina Rubio : (CD: Anada)



Count In: After 40 counts

SEC 1: WALK X 2, ANCHOR STEP, BACK, CLOSE, FWD SHUFFLE

1 – 2 Walk forward on RF, walk forward on LF
3&4 Step RF behind LF and rock back (5th position), step LF in place. Step RF in place
5 – 6 Big step back on LF, close RF to LF
7&8 Step LF fwd, lock RF behind LF, step LF fwd

SEC 2: STEP, PIVOT 1/2, STEP, PIVOT 1/2, POINT, HOLD, CLOSE, FWD SHUFFLE

1 – 2 Step RF fwd, pivot 1/2 L
3&4 Step RF fwd (3), pivot 1/2 R with weight still on RF (&), point LF to L (4) (6:00)
5 – 6 Hold (5), close LF to RF (6) (12:00)
7&8 Step RF fwd, lock LF behind RF, step RF fwd

SEC 3: CROSS, SIDE, BEHIND, 1/4, STEP, PIVOT 1/2, HIP BUMP

1 – 4 Cross LF over RF, step RF to R, cross LF behind RF, 1/4 R stepping RF fwd (3:00)
5 – 6 Step LF fwd, pivot 1/2 R and change weight to RF (9:00)
7&8 Touch LF to L & bump L hip up to L, release R hip to R, push L hip L with weight transfer

SEC 4: FWD ROCK, RECOVER, COASTER TOUCH, BODY ROLL, HIP BUMP

1 – 2 Rock RF fwd, recover on LF
3&4 Step RF back, close LF to RF, touch RF fwd
5 – 6 Keep weight on LF, roll chest fwd (5), roll back & sit on LF with hips bumping back (6)
&7&8 Keep RF touching in front & slowly straighten up on LF, bump hips fwd, back, fwd, back

Tag: After Wall 2 (facing 6:00) & Wall 6 (facing 6:00), add 4 count hip bump:

&1&2&3&4 bump hips fwd, back, fwd, back, fwd, back, fwd, back (weight on LF)

Ending: On Wall 14 (facing 9:00), just do 4 count & finish with the anchor pushing back on RF, turn head 1/4 R slowly to 1:30 & pose

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