Cowboy Casanova



编舞者: Earleen Wolford (USA) - January 2012 音乐: Cowboy Casanova - Carrie Underwood



1 easy restart on the 4th wall, you do 24 counts, then restart the dance,

32 count intro, then she says 'You better take it from "ME" ' you start the dance on the word "ME", (any WCS), Pattern of dance: 32, 32, 32, 24, restart, 32's till the end

[1-8] Step R to R, Touch L behind R, Step L to L, Touch R behind L, R Touch Forward, Side, Tap R behind L, Unwind ¼ turn R

1,2 Step R to R (1), Touch L behind R (2)

3, 4 Step L to L (3), Touch R behind L (4) (L takes weight)

5, 6 Touch R toe forward, at same time bump R hip up (5), Touch R toe to R, at same time Bump

R hip up to side (6)

7, 8 Tap R toe behind L (7), Unwind ¼ turn R, (this should be sharp and quick) (8) (L tk wt) (3:00)

Note: For styling, when you tap your R toe behind L, Look over left shoulder

[9-16] Triple Step Forward R,L,R, Step L Forward, Pivot ¼ Turn R, Traveling Cross Triple Step L,R,L, Big Step R, Pivot ¼ Turn R touch L next to R

9&10 Step Forward R (9), Step L next to L (&), Step Forward R (10)
11,12 Step L Forward (11), Pivot ¼ Turn R (12) (R takes weight)

13&14 Cross L over R (13), Step R to R (&), Cross L over R (14) (L takes weight) (traveling triple

cross)

15,16 Step a Big Step to R side, at same time lightly sliding L toe (15), Pivoting ¼ R, Touch L next

to R (16) (R takes weight) (9:00)

[17-24] Step Forward Out/Out L/R, Step Back Out/Out R/L, Repeat, Heel Jack, Heel Jack 1/4 Turn L

&17&18 Step forward L out to L(&), Step R out to R (17), Step back L out to L (&), Step R out to R (18)

&19&20 Repeat &17&, Touch R next to L (20) (L takes weight)

&21&22 Step small step back on R (&), Tap L heel Foward (21), Bring L to center next to R (&), Touch

R next to L (22)

&23&24 Making a ¼ Turn L, Step small step back on R (&), Tap L heel Forward (23), Bring L to center

next to R (&), Touch R next to L (24) (L takes weight) (6:00)

[25-32] STEP R to R, TOUCH L next to R, STEP L to L, TOUCH L next to R, 2 R Hips rolls 1/8 Turn L

25-28 Step R to R (25), Touch L next to R (26), Step L to L (27), Touch R next to L (28) (L takes

weight)

(Optional: Styling - You can do a body roll to the R and L as you do these steps, looks cool)

29-30 Touch R ball forward (29), Roll R hip 1/8 turn to L (30)

31-32 Repeat 29-30 (L takes weight) (3:00)

Begin again!

Note: You'll finish the dance w/the first 8 cts & instead of ¼ unwind R, do ½ unwind R to face front 4 cool ending! Feel free to do my dance to other music, country/non country! Have FUN doing my sexy "Cowboy Casanova" dance! Great music that you "GOTTA DANCE"!!