

16 Tons

拍数: 72 墙数: 4 级数: Improver
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音乐: Sixteen Tons - Tom Jones



Prizzy walk, step turn ½ , shuffle fw

1-2 Right fwd , hold
3-4 Left fwd, hold
5-6 Right fwd, turn 1/2 left
7&8 Right fwd, left behind right, right fwd

Prizzy walk, step turn ½ , shuffle fwd

1-2 Left fwd, hold
3-4 right fwd, hold
5-6 Left fwd, turn ½ right
7&8 Left fwd , right behind left, left fwd

Shuffle fwd , rock recover, shuffle back, rock recover

1&2 Right fwd, left behind right, right fwd
3-4 Left rock fwd recover to right
5&6 Left back, right behind left, left back
7-8 Right rock back recover to left

Step fwd hold , turn ½ hold, step turn ½ x 2

1-2 Right fwd, hold
3-4 Turn to left ½ , hold
5-6 Right step fwd turn ½ left
7-8 Right step fwd turn ½ left

Kickball cross x2, rock side recover, behind side cross

1&2 Right kick fwd, step down on right ,left slightly cross over right
3&4 Right kick fwd, step down on right, left slightly cross over right
5-6 Right rock to side recover to left
7&8 Right step behind left, left to left side, right cross over left

Kickball cross x2, rock side recover, behind side turn ¼

1&2 Left kick fwd, step down on left, right slightly cross over left
3&4 Left kick fwd, step down on left, right slightly cross over left
5-6 Left rock left side recover to right
7&8 Left step behind right, right step to right side, turn ¼ left fwd

Step fwd hold, turn ¼ hold x 2

1-2 Right fwd, hold
3-4 Turn ¼ to left, hold
5-6 Right fwd, hold
7-8 Turn ¼ to left, hold

Turn ½ x2, sways

1-2 Right fwd, turn ½ to left
3-4 Right fwd, turn ½ to left
5-6 Sway to right, to left
7-8 Sway to right , to left

Steps with fingers snaps

- 1-2 Right fwd, hold snap fingers
- 3-4 Left fwd, hold snap fingers
- 5-6 Right back, hold snap fingers
- 7-8 Left back , hold snap fingers

No tags, no restarts
