

My Heart

拍数: 24 墙数: 4 级数: Improver
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音乐: Oh My Heart - R.E.M.



Basic Waltz, ½ Turn Waltz

1 LF step forward
2-3 Step RF together, Step LF in-place
4 RF step back turning ½ left
5-6 Step LF together, Step RF in-place

Step, Point, Hold, Back Step, Point, Hold

1 LF step forward
2-3 Point RF right, Hold
4 RF Step back and cross behind LF
5-6 Point LF left, Hold

Cross, Side, Behind, Sweep ¼ Turn

1 Cross LF over RF
2-3 Step RF to side, Cross LF behind RF
4-6 Sweep right back turning ¼ right (keep toes close to the floor)

Behind, Side, Cross, Ronde

1 Cross RF behind LF
2-3 Step LF to side, Cross RF over LF
4-6 Sweep left to front (keep toes close to the floor)
