

In My Arms Again

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: High Improver / Intermediate
编舞者: Mike Hitchen (UK) - January 2012
音乐: Back In My Arms - Mark Medlock : (Album: Rainbow's End)



Intro..... Start the second time he sings back in my arms again count 5.6.7.8

Cross Rock, Side Shuffle, Cross ¼ Turn, ¼ Turn Side Shuffle

1-2 Rock right over left, Return weight to left
3&4 Step right to side, Step left together, Step right to side
5-6 Cross left over right, Step right back ¼ turn left
7&8 Step left ¼ turn left, Step right together, Step left to side

Cross Rock, Side Shuffle, Cross ¼ Turn, ¼ Turn Side Shuffle

1-2 Rock right over left, Return weight to left
3&4 Step right to side, Step left together, Step right to side
5-6 Cross left over right, Step right back ¼ turn left
7&8 Step left ¼ turn left, Step right together, Step left to side

Forward Rock, 1, 1/4 Turns Right Touch, Side Shuffle

1-2 Rock right forward, Return weight to left
3-4 ½ turn right stepping forward on right, ½ right stepping left back
5-6 ¼ Turn right stepping right to side, Touch left next to right
7&8 Step left to side, Step right together, Step left to side

Cross Side, Sailor Step Cross Side Sailor Step

1-2 Cross step right over left, Step left to side
3&4 Cross right behind left, Step left to side, Step right to side
5-6 Cross step left over right, Step right to side
7&8 Cross left behind right, Step right to side, Step left to side

Cross Right hold, Cross Left Hold, Step Turn, Coaster Step

1-2 Cross step right over left, Hold
3-4 Cross step left over right, Hold (Restart Here Wall 5)
5-6 Step forward on right, Turn ½ turn right stepping back on left
7&8 Step right back, Step left together, Step right forward

Cross Left Hold, Cross Right Hold, Rock Step, Shuffle ½ turn

1-2 Cross step left over right, Hold
3-4 Cross step right over left, Hold
5-6 Rock forward on left, Return weight to right
7&8 Step left ¼ turn left, Step right together, Step left ¼ turn left

½ Turn, ¼ Turn Cross Shuffle, Side Rock, Behind Side Cross

1-2 Turn ½ turn left stepping back on right, Turn ¼ turn left stepping left to side
3&4 Cross step right over left, Step left to side, Cross step right over left
5-6 Rock left to side, Return weight to right
7&8 Step left behind right, Step right to side, Cross step left over right

Step Lock, Step Lock Step, Step lock, Step Lock Step

1-2 Step right to right diagonal, Lock left behind
3&4 Step right forward, lock left behind, Step right forward

5-6 Step left to left diagonal, Lock right behind
7&8 Step left forward, lock right behind, Step left forward

Two Tags at the ends of walls 2 & 4- Four counts hip bumps RLRL

Restart wall 5 after 34 counts Do the first cross hold then step ¼ turn right stepping left to side then Hold
