

Take Me To Your Heart

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 2 级数: Intermediate

编舞者: Maria Tao (USA) - January 2012

音乐: Take Me To Your Heart - Michael Learns to Rock : (CD: Take Me To Your Heart)



Intro: 16 counts

(S1) SIDE, BACK ROCK, RECOVER, ¼ TURN R, BACK ROCK, RECOVER, ½ TURN L, ¼ TURN L & HITCH, SIDE ROCK, RECOVER, CROSS, ¼ TURN L, ¼ TURN L, CROSS

- 1 Big step right to right
- 2&3 Rock left back, recover onto right, ¼ turn right stepping left to left (3:00)
- 4&5& Rock right back, recover onto left, ½ turn left stepping right back, ¼ turn left on ball of right hitching left up (6:00)
- 6&7 Rock left to left, recover onto right, cross left over right
- &8& ¼ turn left stepping right back, ¼ turn left stepping left to left, cross right over left (12:00)

(S2) SIDE, BACK, CROSS, SIDE, CROSS, UNWIND ¾ TURN R, BACK ROCK, RECOVER, FULL TURN L, MAMBO STEP

- 1 Big step left to left
- 2&3 Step right behind left, cross step left over right, step right to right
- 4&5& Cross left over right, unwind ¾ turn right (weight on left), sweep/cross rock right back, recover onto left (9:00)
- 6& ½ turn left stepping right back, ½ turn left stepping left forward
- 7&8 Rock right forward, recover onto left, step right back

(S3) ¼ TURN L STEP/SWAY L, DRAG & POP, STEP/SWAY R, DRAG, SCISSOR STEP, ¼ TURN L, ½ TURN L, ¼ TURN L ROCK, RECOVER, CROSS ROCK, RECOVER, ¼ TURN R

- 1&2& ¼ turn left stepping/swaying left to left, drag right & pop right knee to left, step/sway right to right, drag left towards right (6:00)
- 3&4 Step left to left, step right next to left, cross left over right
- **** Restart on Wall 3 & Wall 7 (both times facing 6:00)
- 5& ¼ turn left stepping right back, ½ turn left stepping left forward
- 6&7 ¼ turn left rocking right to right, recover onto left, cross rock right over left (6:00)
- &8 Recover onto left, ¼ turn right stepping right forward (9:00)

(S4) STEP FWD, PIVOT ½ TURN R, FWD LOCK STEP, LUNGE, RECOVER, FULL TURN R, SWEEP, BACK ROCK, RECOVER, ½ TURN L, ¼ TURN L, CROSS ROCK, RECOVER

- 1 Step left forward & pivot ½ turn right (weight on left) while touching right toe forward (3:00)
- 2&3 Step right forward, lock left behind right, lunge right forward
- 4&5& Recover weight on left, ½ turn right stepping right forward, ½ turn right stepping left back, sweep right from front to back
- 6&7 Cross rock right back, recover onto left, ½ turn left stepping right back (9:00)
- &8& ¼ turn left stepping left to left, cross rock right over left, recover onto left (6:00)

START AGAIN

RESTART: On WALL 3 & WALL 7, dance up to count 20 (both times facing 6:00) – then restart the dance

Contact: mtlinedance@gmail.com