

# Ain't That A Shame

**COPPER KNOB**  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Adrian Helliker (FR) - 2010  
音乐: Ain't That a Shame? - Fats Domino



**Intro: Start on the word 'shame'**

## **SECTION 1: STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF**

1-2                      Step right forward, left lock behind right  
3-4                      Step right forward, scuff left forward  
5-6                      Step left forward, right lock behind left  
7-8                      Step left forward, scuff right forward

## **SECTION 2: ROCK FORWARD RECOVER , BACK TOE STRUTS x 3**

1-2                      Rock right forward recover onto left  
3-4                      Step back on right toe, drop heel taking weight  
5-6                      Step back on left toe, drop heel taking weight  
7-8                      Step back on right toe, drop heel taking weight

**Options: section 2 steps 4-6-8 - click your fingers**

## **SECTION 3: SLOW COASTER, HOLD, KICK BALL CHANGE x 2**

1-2                      Left back, right beside left  
3-4                      Left forward, hold  
5&6                      Kick right forward, right foot beside left, left foot forward  
7&8                      Kick right forward, right foot beside left, left foot forward

## **SECTION 4: JAZZBOX WITH TURN, JAZZBOX IN PLACE ¼**

1-2                      Right cross in front of left, left back  
3-4                      Right to right side with turn right, left beside right ¼  
5-6                      Right cross in front of left, left back  
7-8                      Right to right side, left beside right

## **SECTION 5: MONTEREY HOLDS**

1-2                      Right toe to right side with hold  
3-4                      Pivot on left foot and make turn to right , right foot beside left ½  
5-6                      Left toe to left side with hold  
7-8                      Left foot beside right with hold

## **SECTION 6: MONTEREY HOLDS**

1-2                      Right toe to right side with hold  
3-4                      Pivot on left foot and make turn to right, right foot beside left ½  
5-6                      Left toe to left side with hold  
7-8                      Left foot beside right with hold

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