Boogie Woogie Roll

COPPER KNOB

拍数: 48

墙数:2

级数: Improver

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音乐: Let the Boogie Woogie Roll - The Roadrunners : (CD: Beach Bop Boogie & Blues, vol. 2)

Intro: 16 counts

(SLOW) VAUDEVILLE STEPS RIGHT & LEFT

- 1-4 Step right to side, kick left to left diagonal (or touch left heel forward), step left slightly back, cross right in front of left
- 5-8 Step left to side, kick right to right diagonal (or touch right heel forward), step right slightly back, cross left in front of right

STEP TOUCH RIGHT & LEFT, SLOW COASTER STEP, HOLD

- 1-4 Step right to side, touch left together, step left to side, touch right together
- 5-8 Step right back, step left together, step right forward, hold (clap)

STEP TURN 1/4 RIGHT, CROSS, HOLD, SIDE ROCK, CROSS, HOLD

- 1-4 Step left forward, turn 1/4 right (weight to right), cross left in front of right, hold (clap) (3:00)
- 5-8 Rock right to side, recover left, cross right in front of left, hold (clap)

DIAGONAL STEP, HOLD, BALL STEP, HOLD, JAZZ BOX 1/4 TURN RIGHT

- 1-2 Step left forward on left diagonal, hold (clap) (1:30)
- &3-4 Step ball of right beside left, step left forward, hold (clap)
- 5-8 Cross right in front of left, step left back (square up to 3:00), turn 1/4 right step right to side, step left forward and slightly in front of right (6:00)

VINE RIGHT, TOUCH, THREE STEP TURN (FULL TURN) LEFT, TOUCH

- 1-4 Step right to side, step left slightly behind right, step right to side, touch left together
- 5-8 Step 1/4 left, turn on ball of left 1/4 left and step right together (weight to right), turn on ball of right 1/2 left (weight to left), touch right together (6:00)

Easier Option: Do vine left, touch on counts 5-8

SIDE, KICK, SIDE, KICK, RUN FORWARD 4X (OPT. BOOGIE WALKS)

- 1-2 Step right to side (small step), kick left forward (low kick)
- 3-4 Step left to side (small step), kick right forward (low kick)
- 5-8 Run forward right, left, right, left (weight ends left)

Option: Do Boogie Walks for counts 5-8

- 5 Lift right heel off ground and step slightly forward, bend right knee and roll out to right side, lower right heel
- 6 Lift left heel off ground and step slightly forward, bend left knee and roll out to left side, lower left heel
- 7-8 Repeat 5-6

ENDING: On the last wall, facing 6:00, do the first 4 counts of section six and then

5-8 Step right beside left, step left forward, turn 1/2 right (weight to right), hold (12:00)

REPEAT

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