

LA to Waco

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Urban Danielsson (SWE) & Christina Johnsson (SWE) - December 2011
音乐: How Far To Waco - Ronnie Dunn : (CD: Ronnie Dunn)



32 counts intro.

Section 1: Side, close, chasse ¼ right, step ¼ turn right, shuffle forward

- 1 – 2 Step right to right side, step left next to right
3 & 4 Chassé ¼ turn stepping: right to right, step left next to right, turn ¼ right step right forward (3:00)
5 – 6 Step left forward, turn ¼ right step right small step forward (6:00)
7 & 8 Shuffle forward stepping: left forward, right next to left, step left forward

Section 2: Step ¼ turn left, cross shuffle, rock/recover, sailor step

- 1 – 2 Step right forward, turn ¼ left step left to left side (3:00)
3 & 4 Step right across of left foot, step left to left side, step right across of left foot
5 – 6 Rock step left to left side, recover weight onto right
7 & 8 Step left cross behind of right, step right to right, step left to left

Section 3: Toe behind, unwind, cross rock/recover, ¼ turn left, ½ turn left, coaster step

- 1 – 2 Point right toe back, unwind ½ turn right step down on right (9:00)
3 – 4 Cross rock step left over right, recover weight onto right
5 – 6 Turn ¼ left step left forward, turn ½ left step right foot back (12:00)
7 & 8 Step left back, step right next to left, step left forward

Section 4: Cross, point x 2, jazz box ¼ right

- 1 – 2 Step right forward in front of left, point left toe to left side
3 – 4 Step left forward in front of right, point right toe to right side
5 – 6 Cross step right over right, step left back
7 – 8 Turn ¼ right step right to right side, step left small step forward (3:00)

Section 5: Kick-ball-change, step turn 3/8, toe strut x 2

- 1 & 2 Kick right foot forward, step down on right foot, change weight onto left
3 – 4 Step forward right, turn 3/8 to left step down on left foot (10:30)
5 – 6 Step right toe forward, step down on right foot
7 – 8 Step left toe forward, step down on left foot

Section 6: Rock-recover ¼ left, shuffle forward, turn ½ x 2, shuffle forward

- 1 – 2 Rock right to right side (1/8 turn facing 9:00), turn ¼ left recover weight onto left (6:00)
3 & 4 Shuffle forward stepping: right forward, left next to right, step right forward
5 – 6 Turn ½ right step left foot back, turn ½ turn right step right foot forward
7 & 8 Shuffle forward stepping: left forward, right next to left, step left forward

Note: Step 5 – 6 easier step: walk forward left, walk forward right Urban

Section 7: Rock/recover, step back, point toe side x 2, point toe back, unwind

- 1 – 2 Rock right forward, recover weight onto left
3 – 4 Step back on right, point left toe to left side
5 – 6 Step back on left, point right toe to right side
7 – 8 Point right toe back, unwind ½ turn step down on right foot (12:00)

Section 8: Jazz box ¼ left, hip bumps x 4

- 1 – 2 Step left cross in front of right, step right foot back

- 3 – 4 Turn ¼ left step left to left side, touch right next to left (9:00)
- 5 – 6 Step right to right and bump hip right, bump hip left
- 7 – 8 Bump hip right, bump hip left (weight on left)

RESTART and ENJOY!

Ending: Section 4 -

- 1 – 2 Step right forward in front of left, point left toe to left side
- 3 – 4 Step left forward in front of right, point right toe to right side
- 5 & 6 Cross step right over left, turn ¼ right step left back, turn ¼ right stepping right forward and stop (cha-cha-cha) (12:00)

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