

Bait a Hook

拍数: 40 墙数: 2 级数: Easy Intermediate
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音乐: Bait a Hook - Justin Moore



Start on lyrics

Heel Hook, Shuffle Forward, Step out-out, Step back in-in

1-2 Left heel forward, hook in front of left
3&4 Left shuffle forward
5-6 Step right and left forward and out to the side
7-8 Step right and left back and together

Counts 5-8 form a "V"

Walk Forward Right-Left, Step Back, Heel Tap, Step, Scuff, Rock-Recover, Coaster Step

1-2 Step right forward, step left forward
&3&4 Step right back, step left heel forward, step left home, scuff right
5,6 Rock right forward, recover left
7&8 Step right back, step left back beside right, step right forward

Toe Touches, ¼ Turn Sailor Step, Heel Tap Switches, Scuff-hitch-step

1-2 Touch left toe forward, touch left toe to left side
3&4 ¼ turn left sailor step (left-right-left)
5&6& Tap right heel forward, step right foot home, step left heel forward, step left home
&7,8 Scuff-hitch-step right foot

Hip bumps, ½ Turn Hip Bumps, Coaster Step, Shuffle Forward

1&2 Bump right-left-right
3&4 ½ Turn right, bumping left-right-left
5&6 Step right back, step back left beside right, step right forward
7&8 Left shuffle forward (left-right-left)

Scuff-hitch-step, Bump, Flick, ¼ Turn Shuffle, Side Rock-Recover

1&2 Scuff-hitch-step right foot
3&4 Bump hip left, flick right behind left
5&6 ¼ Turn right shuffle (right-left-right)
7,8 Rock left to left side, recover to right

Start over.
