Christmas Hearts Are Special

级数: Beginner (Easy & Funny)

编舞者: Sebastiaan Holtland (NL) - November 2011

音乐: Last Christmas - Hilary Duff: (CD: Santa Claus Lane 2003)

Intro: 3	32 Cou	nts (18	Sec)
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拍数: 32

[1-8] Step, Side, Behind, Side, Cross, Cross Rock Fwd, Recover, Sailor 1/4 R.

- 1-2 Step Rf forward, step Lf to the left weight onto Lf. (12:00)
- Step Rf behind Lf, step Lf to the left, cross Rf over Lf weight onto Rf. 3&4
- 5-6 Rock Lf to the left, recover on Rf.
- 7&8 Step Lf behind Rf, turn ¼ right (3) step Rf forward, step Lf forward weight onto Lf.

[9-16] ½ Pivot L, ½ L, Back, ¼ L, Side, Heel Grind ¼ R, Back, Together.

- 1-2 Step Rf forward, turn 1/2 left (9) taking weight onto Lf.
- 3-4 Turn 1/2 left (3) step Rf back, turn 1/4 left (12) step Lf to the left weight onto Lf.
- 5-6 Heel grind with Rf (toes from left to right) turn 1/4 turn to right (3), step Lf back weight onto Lf.
- Step Rf back, step Lf next to Rf (holding weight onto Rf). 7-8

[17-24] Step Lock, Lock Step Fwd, Fwd Rock, Recover, ¼ R, & Cross, Hold.

- 1-2 Step Lf forward, lock Rf behind Lf weight onto Lf. (3:00)
- 3&4 Step Lf forward, lock Rf behind Lf weight onto Lf, step Lf forward weight onto Lf.
- 5-6 Rock Rf forward, recover on Lf.
- &7-8 Turn ¹/₄ right (6) step Rf slightly to the right, cross Lf over Rf, Hold.

[25-32] & Behind, Hold, & Cross, Hold, Hip Bumps R-L-R, ¼ R, Replace, Hook.

- &1-2 Step Rf slightly to the right, cross Lf behind Rf, Hold. (6:00)
- &3-4 Step Rf slightly to the right, cross Lf over Rf, Hold.
- 5-7 Step Rf to the right bump R hip to right, bump L hip to left, bump R hip to right.
- Turn ¼ right (9) step Lf back in place, hook Rf up across Lf weight onto Lf. 8

Start again and have fun!





墙数: 4