

Tian Hou

拍数: 32 墙数: 2 级数: Improver
编舞者: Yonne Emalda - December 2011
音乐: Tian Hou (天后) - Liu Li Yang (劉力揚)



Intro: 20 counts from the heavy beat

Side, Behind Side Cross, Point, Sailor Cross, Side Chasse

- 1-2&3 Step R foot to R side, cross L foot behind R foot, step R foot to R side, cross L foot over R foot
4-5&6 Point R toes diagonally to R side, cross R foot behind L foot, step L foot to L side, cross R foot over L foot
7&8 Step L foot to L side, step R foot beside R foot, step L foot to L side

Sailor Step X2, Back Slide, Ball, Walk Forward X2

- 1&2 Cross R foot behind L foot, step L foot to L side, step R foot to R side
3&4 Cross L foot behind R foot, step R foot to R side, step L foot to L side
5-6& Facing 1.00: Step R foot back pushing butt backwards, slide L foot towards R foot, , step L foot in place
7-8 Facing 1.00: Walk forward on R foot, walk forward on L foot ***

Point, Flick, Forward Shuffle Diagonally, Point, Flick, Diagonal Forward Shuffle

- 1-2 Facing 1.00: Touch R toes to R side, flick R foot up and turn to face 11.00
3&4 Facing 11.00: Step R foot forward, step L foot beside R foot, step R foot forward
5-6 Facing 11.00: Touch L toes to L side, flick L foot up and turn to face 1.00
7&8 Facing 1.00: Step L foot forward, step R foot beside L foot, step L foot forward

3/8 Turn, 1/4 Turn, Cross Rock, Recover, 1/4 Shuffle, 1/2 Turn, 1/4 Turn Sweep/Hitch

- 1-2 Turn 3/8 L stepping R foot back (facing 9.00), turn 1/4 L stepping L foot to L side
3-4 Cross rock R foot over L foot, recover weight on L foot
5&6 Turn 1/4 R stepping R foot forward, step L foot beside R foot, step R foot forward
7-8 Turn 1/2 R stepping L foot back, turn 1/4 R sweeping R foot from front to back OR hitch R knee up

Restart *: On Wall 5, dance up to 16 counts. Begin the dance at 12.00, the original wall.**