

Forever II

拍数: 32 墙数: 4 级数: Improver
编舞者: Anna Picerno (DE) - December 2011
音乐: Forever - Brødrene Olsen



Step, Touch Behind, Shuffle Back, Rock Back, Shuffle Forward

1 - 2 LF step forward, RF touch behind LF
3&4 RF step back, LF step next RF, RF step back (R-L-R)
5 - 6 LF rock back, recover on RF
7&8 LF step forward, RF step next LF, LF step Forward (L-R-L)

Step, Pivot ¼ L, Crossing Shuffle, Side Rock Turning ¼ R, Shuffle Forward

1 - 2 RF step forward, ¼ turn left
3&4 RF cross over LF, LF step next RF, LF step left (Hands holding crossed)
5 - 6 LF rock to the left , RF recover ¼ turn right ,
7&8 LF step forward, RF step next LF, LF step Forward (L-R-L)

½ Turn L, ½ Turn L, Shuffle Forward, Rock Forward, Shuffle Back Turning ½ L

1 - 2 RF step forward ½ left, LF step back ½ turning left
3&4 RF step forward, LF step next RF, RF step Forward (R-L-R-)
5&6 LF rock forward, recover on RF
7&8 LF shuffle back ½ turning left (L-R-L)

Shuffle Forward Turning ½ L, Rock Back, Shuffle Forward, Coaster Step Turning ¼ R

1&2 RF shuffle forward ½ turning left (R-L-R)
3 - 4 LF rock back , recover on RF
5&6 LF step forward, RF step next LF, LF step Forward (L-R-L)
7&8 RF step back, LF step next RF, RF step ¼ turning right
