

# Cowboy Up

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Karen Tripp (CAN) - December 2011  
音乐: Cowboy Up (Radio Version) - Jill Johnson : (Album: Cowboy Up - EP)



Wait: 16 beats, right foot lead

## 2 SANDSTEPS

1-2            Swivel right toe towards left foot (and touch toe), swivel foot out and touch heel  
3&4            Cross shuffle crossing right in front of left, step left, cross right  
5-6            Swivel left toe towards right foot and touch toe, swivel foot out and touch heel  
7&8            Cross shuffle crossing left in front of right, step right, cross left

## K-STEP (with claps)

9-10           Step right diagonally forward, touch left next to right (clap)  
11-12          Step left diagonally back, touch right next to left (clap)  
13-14          Step right diagonally back, touch left next to right (clap)  
15-16          Step left diagonally forward, touch right next to left (clap)

## 2 LINDYS

17&18          Step side on right, close left to right, step side on right (shuffle)  
19-20          Rock back on left, recover forward on right  
21&22          Shuffle to the side, left, right, left  
23-24          Rock back on right, recover forward on left

## JAZZ BOX, JAZZ ¼ TURN

25-28          Cross right over left, step back on left, step side on right, step slightly forward on left  
29-32          Cross right over left, step back on left, turn ¼ turn right and step on right, step slightly forward on left

Dance ends facing front.

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