

# One Heart

拍数: 32      墙数: 4      级数: Novice / Improver  
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音乐: One Heart - Céline Dion



Intro: 24 counts

## Grapevine, Touch, Side Behind, ¼ Turn, Touch

- 1-4            Step R foot to R side, cross L foot behind R foot, step R foot to R side, touch L toes beside R foot  
5-8            Step L foot to L side, cross R foot behind L foot, turn ¼ L stepping L foot forward, touch R toes beside L foot

## Rolling Vine, Heel Grind, ¼ Turn, Coaster Step

- 1-4            Turn ¼ R stepping R foot forward, turn ½ R stepping L foot back, turn ¼ R stepping R foot to R side, touch L toes beside R foot  
5-6            Dig L heel forward, fan L toes to L side and turn ¼ L  
7&8           Step L foot back, step R foot beside L foot, step L foot forward

## Heel Heel Toe Toe, Jazz Box ¼ Turn

- 1-4            Dig R heel forward X2, touch R toes back X2  
5-8            Cross R foot over L foot, turn ¼ R stepping L foot back, step R foot to R side, step L foot beside R foot \*\*\*

## Rocking Chair, Walk Forward X2, Heels Split

- 1-4            Rock R foot forward, recover weight on L foot, rock R foot back, recover weight on L foot  
5-6            Walk forward on R foot, walk forward on L foot  
7-8            Split both heels out, recover position to neutral

Restarts: On wall 3, wall 7 and wall 10, dance up to 24 counts and start again.

Tag: After wall 9, add:

## Hips Bump

- 1-4            Bump hips to R side, L side, R side, L side