

Sexy And I Know It

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Sexy and I Know It - LMFAO



32 count intro: begin dancing on lyrics.

Walk Forward R, L, Step Out R, L, Hip Bump Forward, L, Back, R

1-2 Step forward with right foot, step forward with left foot
3-4 Step right foot out right diagonal, step left foot out left diagonal
5-6 Hip bump forward, hip bump left
7-8 Hip bump back, hip bump right

Jazz Box 1/4 Turn L, Rock Recover, 1/4 Turn L, Cross R over L

1-2 Cross left in front of right, step right back
3-4 1/4 turn left step left forward (9:00), step right forward
5-6 Rock left forward, recover onto right
7-8 1/4 Turn left step left to side (6:00), cross right over left

1/2 Turn R With Sweep, Sailor Step, Rock Recover, 1/2 Turn R

1-2 1/4 Turn right step left back, (9:00) 1/4 right while sweeping the right leg (12:00)
3&4 Step right behind left, step left to left side, step right to right side
5-6 Rock left forward, recover onto right
7-8 Step left back, 1/2 turn right step right forward (6:00)

1/4 R Rock Recover, Cross Shuffle, Full Turn L

1-2 1/4 Turn right rock onto left foot, recover onto right (9:00)
3&4 Cross left in front of right, step right to right side, cross left in front of right
5-6 1/4 Turn left step right back (6:00) 1/2 turn left step left forward (12:00)
7-8 1/4 Turn left step right to right side (9:00), cross left in front of right slightly forward

(1st tag happens here on wall 4 on counts 6, 7, 8)

TAG-1: On wall 4 do the first 29 counts then replace counts 6-8 with

6-8 Step left back (6), 1/4 turn right step right to right side, (7) Hold (8) (12:00)

TAG-2: Happens after wall 8 you will be facing front (12:00) 32 counts

1-4 1/4 turn left step right to side, hip bump left, right, left (9:00)
5-8 1/4 turn left step right to side, hip bump left, right, left (6:00)

1-4 1/4 turn left step right to side, hip bump left, right, left (3:00)
5-8 1/4 turn left step right to side, hip bump left, right, left (12:00)

1-4 Step out right, left, right, left (optional booty shake)
5-8 Cross right in front of left, step left back, step right to right side, step left to left side

&1&2&3&4 Jump forward right, left, jump back right, left, jump forward right, left, right, left

&5&6&7&8 Jump back right, left, jump forward right, left, jump back right, left, right, left

Then restart dance