

Getting Warmer

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Scott Schrank (USA) - November 2011
音乐: Heat of the Night - Paulina Rubio : (CD: Brava!)



Start: 40-Count Intro (Start on the vocal after the 8 counts of instrumental)

Phrasing: The Sequence is 32-32-32-32-16-32 To End

Note: The music is very fast, so keep your steps small

[1-8] ROCK, RECOVER, KICK-BALL-POINT, CROSS, TURN 1/4, TRIPLE 1/2 TURN

1-2 Rock back on R foot (1), Recover weight to L foot (2)
3&4 Kick R foot forward (3), Step ball of R foot next to L foot (&), Point L toes left (4) (12:00)
5-6 Cross L foot over R foot (5), Make 1/4 turn left stepping R foot back (6)
7&8 Make 1/2 turn left in place stepping L-R-L (3:00)

[9-16] MAMBO STEP, COASTER STEP, PIVOT 1/2, PIVOT 1/4 SIDE, BEHIND-SIDE-CROSS

1&2 Rock R foot forward (1), Recover weight to L (&) Step R foot next to L foot (2)
3&4 Step L foot back (3), Step R foot next to L foot (&), Step L foot forward (4)
5-6 Pivot 1/2 turn right on balls of feet (5), Pivot 1/4 turn right on ball of R foot stepping L foot left (6)

(Weight the L foot) (12:00)

7&8 Step R foot behind L foot (7), Step L foot left (&), Cross R foot over L foot (8)

(The restart happens here after the forth rotation (12:00).

You will do the first 15 counts of the dance as written, but change the last count to be TOUCH R toes next to L foot rather than a cross step.

Make sure the weight is on the L foot for count 16)

[17-24] STEP, HOLD, CLOSE-STEP, HOLD, CLOSE-ROCK-RECOVER, SAILOR 1/2 TURN (CROSS)

1-2 Step L foot left (1), Hold (2)
&3 Step ball of R foot next to left (&), Step L foot left (3)
4&5 Hold (4), Close R foot next to L foot (&), Rock L foot left (5)
6 Recover weight to R foot (6)
7&8 Step L foot behind R foot (7), Make 1/4 turn left stepping R foot next to L foot (&), Make 1/4 turn left on ball of R foot crossing L foot over R foot (8) (Weight the L foot) (6:00)

[25-32] STEP, HOLD, BALL-ROCK-RECOVER, SAILOR 1/4 TURN, STEP, PIVOT 1/2

1-2 Step R foot right (1), Hold (2) (6:00)
&3-4 Step ball of L foot next to R foot (&), Rock R foot right (3), Recover weight to L foot (4)
5&6 Step R foot behind L foot (5), Make 1/4 turn right on ball of R foot stepping L foot next to R foot (&), Step R foot a small step forward (6) (9:00)
7-8 Step L foot forward (7), Pivot 1/2 turn right on balls of feet (8) (Make sure weight is on the L foot for count 8) (3:00)

Start the dance again and enjoy

Finish: Your last wall is starting at 6:00. Do the entire dance (32 counts), which brings you facing 9:00.

On count 33, step R foot back while coming up on the toes of the L foot. At the same time, give it a big pose.