

Count On Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Rob Fowler (ES) - November 2011
音乐: Can't Let Go - Heidi Newfield



HEEL STRUT X2, RUN X2, HEEL STRUT X3, LEFT MAMBO ROCK

1&2& Right heel strut, left heel strut
3&4& Run right, run left, right heel strut
5&6& Left heel strut, right heel strut
7&8 Left mambo rock forward

RIGHT SHUFFLE BACK, COASTER STEP, TRIPLE TURN FORWARD, MAMBO ¼ TURN

1&2, Shuffle back right
3&4 Coaster Step
5&6, Triple turn forward over left shoulder
7&8 Left mambo ¼ turning left

MAMBO ROCK FORWARD, COASTER STEP, HEEL ROCKS FORWARD & SIDE, BEHIND SIDE CROSS

1&2, Right mambo rock forward
3&4 Left Coaster Step back
5&6&, Rock forward on right heel, recover back on left , rock right heel to right side, recover onto left foot
7&8 Right behind side cross

SIDE ROCK CROSS, SIDE ROCK CROSS, ROCK FORWARD ON LEFT, EXTENDED FULL SHUFFLE TURN

1&2, Left side rock cross
3&4 Right side rock cross
5&6& Rock forward on left foot, recover back on right, ½ turn left stepping onto left, step right foot behind left
7&8 ¼ turn left, step right foot next to left, ¼ turn to left (making full circle around 9 o'clock)

End of Dance
