

Because I'm...

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Higher Intermediate NC2S
编舞者: Merju Hiir (EST) - November 2011
音乐: Broken (feat. Amy Lee) - Seether



Counts in: 16 counts from start

Notes: 1 restart during the 7th wall, restart facing 12:00, after count 16

NIGHTCLUB 2-STEP BASIC R, ¼ TURN R, ½ TURN R, LF CROSS, FULL UNWIND TURN R, RONDE RF, RF BIG STEP BACK, SLIDE TOGETHER, LF ROCK BACK, RECOVER

1,2& Take a big step RF to R side, close LF slightly behind RF, cross RF over LF
3,4 Turn ¼ R stepping LF back (3:00), Turn ½ R stepping RF fwd (9:00)
&5 Step LF across RF, Make a full unwind turn R (weight stays on LF),
6,7 RF Ronde front to back, Take a big step back with RF (9:00)

Note: on count 6 bend a bit LF knee to make a small push for taking a big step back (7)

8& Rock back LF, recover weight onto RF

Easier option for counts &5,6,7

&5 Step LF across RF, touch RF to right side hold
6,7 Drag RF beside LF, Take a big step back with RF

HITCH, TURN HITCHED UP KNEE ¼ L, TOUCH L TOE BACK, 1/2 TURN L, FULL TURN R WITH HITCHED UP KNEE ON RF, 2 STEPS FWD LR, L ROCK STEP FWD WITH ½ TURN L, STEP FWD, CROSS, ¾ UNWIND TURN

1&2 Raise L knee up(hitch), turn hitched up knee ¼ to L (body stays 9:00), Touch L toe back
3 Make a ½ turn L stepping onto LF (preparing to full turn R) (3:00)

styling: you may raise your both hands up (from sides) and down when you make a ½ turn L

4 Make a full turn R on a ball of RF hitching L knee up (3:00)

(in the end of full turn weight still on RF)

5,6 Step LF fwd, step RF fwd (3:00)

&7& Quick rock step fwd LF, recover weight onto RF, Turn ½ L stepping LF fwd (3:00)

8& Step RF fwd slightly across LF, make quick ¾ unwind turn L (in the end of full turn weight on RF) (12:00)

Restart: in the wall 7, facing 12:00, after count 16

8& Step RF fwd slightly across LF, make quick 3/4 unwind turn L

NB! In the end of full turn recover weight onto LF (&)

start the dance from the beginning with nightclub 2-step basic R

NIGHTCLUB 2-STEP BASIC L, MODIFIED NIGHTCLUB 2-STEP R, STEP ½ PIVOT,

1 ¾ TURN L (STEP TURN STEP TURN)

1,2& Take a big step LF to L side, close RF slightly behind LF, cross RF over LF

3,4& Take a big step RF to R side, close LF slightly behind RF, step RF to R diagonal (1:30)

5,6 Step LF fwd, pivot ½ turn R weight onto RF (7:30)

7&8& Turn 1 ¾ L (ball turn together, ball turn together - like a chaine turn – ending 11.30)

(7) By stepping LF fwd (7:30) turn ¾ L on ball of LF (11:30),

(&)By stepping RF close to LF continue the turn 1/8 L (9:00),

(8) By stepping LF fwd (9:00) turn another ¾ turn L on ball of LF(12:00),

(&)By stepping RF close to LF continue the turn 1/8 L (11:30)

note: with step turns you're moving towards 9:00

Easier option for counts 7&8&

7& step LF across RF, turn ¼ L stepping RF back

8& Turn ¼ L stepping LF to left side, step RF

STEP FWD, ROCK STEP, BACK & CROSS, ¼ TURN L, ¼ TURN L WITH HIP SWAY L;

HIP SWAYS R,L, STEP ON RF & LF CROSS, FULL UNWIND TURN R

- 1,2& Step LF fwd (diagonal), rock RF fwd, recover weight onto LF (11:30)
3 Step RF back
4&5 Step LF across RF (while stepping LF across you should be turned 1/8 R 12:00), Turn ¼ L stepping RF back (9:00), Turn ¼ L stepping LF to L side with hip sway L (6:00)
6,7,& Hip sways to RL, Step down on a RF (&)
8& Step LF across RF, make quick full unwind turn ending RF across LF weight on LF (6:00)

Start again!

Just listen to the music and enjoy!
