

Love Is Move

COPPERKNOB
STEPSHEETS

拍数: 112 墙数: 4 级数: Improver
编舞者: Lily Liu (MY) - November 2011
音乐: Love is Move - Secret



Intro : 24 counts - Sequence : A B B B32 C / A B B32 C / A B40 C C / A

A : 32 COUNTS

(A1) R Back Shuffle , Touch , L Back Shuffle , Touch

1 2 Step R back . Step L beside R & clap .
3, 4 Step R back . Touch L beside R & clap .
5, 6 Step L back . Step R beside L & clap .
7, 8 Step L back . Touch R beside L & clap .

(A2) (Shimmy Shoulder, Hold) x2

1, 2 Step R to right . Hold (shimmy) .
3, 4 Step L beside R . Hold .(shimmy) .
5, 6 Step R to right . Hold (shimmy) .
7, 8 Step L beside R . Hold (shimmy) .

(A3) Repeat (A1)

(A4) Twist Right & Left

1 - 4 Step R to right while twisting without moving your feet to R , L , R , L ..
5 - 8 Twist without moving your feet to R , L , R , L .

B : 48 counts

(B1) Side , Touch , Side , Touch , Side Together , Side , Touch

1, 2 Step R to right . Touch L beside R .
3, 4 Step L to left . Touch R beside L .
5, 6 Step R to right . Step L beside R ..
7, 8 Step R to right . Touch L beside R .

(B2) Side , Touch , Side , Touch , Side , Together , Side , Touch

1, 2 Step L to left . Touch R beside L .
3, 4 Step R to right . Touch L beside R .
5, 6 Step L to left . Step R beside L .
7, 8 Step L to left . Touch R beside L .

(B3) (Forward , Lock Step , Scuff) x2

1, 2 Step R Forward . Lock L behind R .
3, 4 Step R forward . Scuff L forward .
5, 6 Step L forward . Lock R behind L .
7, 8 Step L forward . Scuff R forward .

(B4) Toes Strut With Shimmy Shoulders (x 4)

1, 2 Touch R toes backwards . Drop R heel down .
3, 4 Touch L toes backwards . Drop L heel down .
5, 6 Touch R toes backwards . Drop R heel down ..
7, 8 Touch L toes backwards . Drop L heel down .

**** Restart at wall 4 (6:00) & wall 8 (3:00) .

(B5) Jazz Box (slow motion)

1, 2 Step R forward . Hold .
3, 4 Cross L over R . Hold .
5, 6 Step R back . Hold .
7, 8 Step L to left . Hold .
****** Restart at wall 10 facing (3 :00) .**

(B6) Rocking Chair , Paddle 1/8 Turn , Paddle 1/8 Turn

1, 2 Rock R forward . Recover onto L .
3, 4 Rock R back . Recover onto L .
5, 6 Step R forward , Pivot 1/8turn left (weight onto L) .
7, 8 Sep R forward . Pivot 1/8 turn left (weight onto L) .

C : 32 counts

(C1)

1, 2 Point both fingers forward . Hold
3, 4 Put your palm forward and spin clockwise twice .
5, 6 Point both fingers forward . Hold
7, 8 Put your palm forward and spin clockwise twice .

(C2) R Hip Bump(x 4) , L Hip Bump (x 4)

1 - 4 Bump hips to right 4 times(Right hand
5 - 8 Bump hip to left 4 times .

(C3) & (C4) Repeat (C1) & (C2) .

****** When you dance to last Sequence A facing (3.00) , change Section (3)**

5 -6 -7 -8 to turn1/4 left stepping L forward . Step R beside L . Step L forward . Touch R beside L .
Continue with Section (4). Last 2 counts do a pose for ending.
