

FootLoose 2011

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Will Craig (USA) - November 2011
音乐: Footloose - Blake Shelton



[1-8] Side Touches Right, Left, Right, Right, Side Touches Left, Right, Left, Left

- 1&2& Touch Right foot to right side, Bring right foot to left, Touch left foot to left side, Bring left foot to right
- 3&4 Touch right foot to right side, Bring right foot next to left, Touch right foot to right side
- 5&6& Touch left foot to left side, Bring left foot to right, Touch right foot to right side, Bring right foot to left
- 7&8 Touch left foot to left side, Bring left foot next to right, Touch left foot to left side

[9-16] Side Touches Right, Left, Right, Right, Side Touches Left, Right, Left, Left

- 1&2& Touch Right foot to right side, Bring right foot to left, Touch left foot to left side, Bring left foot to right
- 3&4 Touch right foot to right side, Bring right foot next to left, Touch right foot to right side
- 5&6& Touch left foot to left side, Bring left foot to right, Touch right foot to right side, Bring right foot to left
- 7&8 Touch left foot to left side, Bring left foot next to right, Touch left foot to left side

[17-24] Rock Step and Rock Step, Twist

- 1, 2& Rock right foot forward, Recover weight back onto left foot, Bring right foot next to left
- 3, 4& Rock left foot forward, Recover weight back onto right foot, Bring left foot next to right
(Styling when rocking right foot forward bring left arm up when rocking left foot bring right arm up)
- 5,6,7,8 Twist heels right, left right left ending with weight on the right foot

[25-32] Rock Step and Rock Step, Twist

- 1,2& Rock left foot forward, Recover weight back onto right foot, Bring left foot next to right
- 3 4& Rock right foot forward, Recover weight back onto left foot, Bring right foot next to left (*)
(Styling when rocking right foot forward bring left arm up when rocking left foot bring right arm up)
- 5,6,7,8 Twist heels right, left right left ending with weight on the left foot

[33-40] Side Steps With Rolling Knees to the right, Side Steps With Rolling Knees To the Left

- 1, 2 Step right foot to right side, Step left foot next to right
- 3, 4 Step right foot to right side, Step left foot next to right
(Styling Roll your knees out while and back in while stepping to the side)
- 5, 6 Step left foot to left side, Step right foot to left
- 7, 8 Step left foot to left side, Step right foot to left (*)
(Styling Roll your knees out while and back in while stepping to the side)

[41-48] Right Heel Swivel Out Right Heel Swivel In With a 1/4 Turn

- 1, 2 Swivel right heel out, Swivel right toe out
- 3, 4 Swivel right heel out, Swivel right toe out
- 5, 6 Swivel right heel in, Swivel right toe in
- 7, 8 Swivel right heel in, Swivel right toe in making a 1/4 turn left weight ending on ending on the left foot

* Restarts

*4th Wall after counts 28

*6th Wall after counts 40

Tag: After Wall 10 before starting wall 11....

Step right foot count 1, Hold for count 2, Step left foot for count 3, hold for count 4

