

Mr Wonderful

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Craig Bennett (UK) - October 2011
音乐: Mr Wonderful - Allstar Weekend : (Album: All The Way)



[1-8] Walk Back Right, Left, Right Coaster Step, Walk, Walk, Shuffle

1,2 Walk back right, left
3&4 Step back on right, step left next to right, step right forward
5,6 Walk forward left, right,
7&8 Step left forward, Step right next to left, step forward on left

[9-16] Cross Rock Forward, Side Rock, Sailor ¼ Turn Step ½, Shuffle ¼ to the Side

1&2 Cross rock right foot in front of left, recover onto left, Rock right to right
&3&4 Recover back onto left, Step right making a ¼ turn right, [3 o'clock] step left next to right, step forward on right
5,6 Step forward left, Step back on right making a ½ turn to the left [9 o'clock]
7&8 Step left to the side making a ¼ turn left, [6 o'clock] step right next to left, step left to left side

[17-24] Step, Rock, Rock, Behind ¼ Turn, Step, Step ½, Full Turn

&1,2 Step right next to left, rock left to left, recover,
3&4 Step left behind right, step right ¼ turn to right, [9 o'clock] step forward on left
5-6 Step forward on right make a ½ turn left [3 o'clock]
7-8 Step forward on right making ½ turn left, step left making ½ turn left [3 o'clock]

[25-32] Mambo Forward, Coaster Step, Step ¼ Turn, Cross and Heel

1&2 Mambo forward on right, Recover onto left, Replace right foot next to left
3&4 Left back, right next to left, step forward on left
5-6 Step forward on right making a ¼ turn left, replacing weight onto left [12 o'clock]
7&8& Cross right over left, step back onto left, place right heel diagonally forward & replace right next to left*

[33-40] Step Press, Sweep, Behind, Side, Step, Step, ¼ Turn, & Step, Step

1-2 Moving diagonally right Step left forward, press right foot forward
3-4& Replace weight onto left and sweep right foot behind left putting weight onto it
5,6 Step left to side, step right forward [straightening up to 12 o'clock wall]
7&8& Step forward left making a ¼ turn right, [3 o'clock] replace weight onto right, step left next to right, step right

[41-48] Cross & Heel, Cross & Rock, Cross & Heel, Cross & Rock

1&2 Cross left over right, step back on right, place left heel to left forward diagonally
&3&4& Place left next to right and cross rock right foot over left, rock right to right side
5&6 Cross right over left, step back on left, place right heel forward diagonally
&7&8& Place right next to left, cross rock left foot over right, rock left to left side, recover

[49-56] Jazz Box with ¼ Turn, Rock, Rock, Sailor ½ Cross, Hold and Cross

1-2 Cross left over right, step back on right,
3-4 ¼ turn left rocking left to left, recover [12 o'clock]
5&6 Step left back making a ¼ turn left, step right to right making a ¼ turn left, step left across right [6 o'clock]
7&8 Hold, Step right to right side, Cross left over right

[57-64] Rock Rock, Behind Turn Step Mambo forward, Back Mambo Touch

1-2 Rock right out to right side, Recover onto left

3&4 Step right behind left, make a $\frac{1}{4}$ turn left onto left, [3 o'clock] step forward onto right
5&6 Rock forward on left, Recover onto right, replace left next to right
7&8 Rock back on right, Recover onto left, touch right next to left

Tag at end of 2nd Wall – Rock back on Right, rock forward on right

***Restart on wall 4 after count 32**

[amended 30-10-2011]

Contact: Website www.craigbennett.co.uk email to Craig.b69@msn.com

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