

Slave To The Music

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Tina Argyle (UK) - October 2011
音乐: Slave to the Music - James Morrison



Count In : 16 counts from start of track - start dancing with lyrics.

Section 1. Right Mambo Fwd. Step back. Sweep, Behind Side Cross. Side Rock, Cross & Cross & Cross

1&2 Rock fwd onto right. Recover weight onto left. Step back right.
&3 Sweep left round. Cross left behind right.
&4 Step right to right side. Cross left over right.
5&6 Rock right to right side, recover. Cross right over left.
&7 Step left to left side. Cross right over left.
&8 Step left to left side. Cross right over left.

Section 2. Side Rock ¼ Turn. ½ Turn. Hitch. Coaster Step. Mambo Fwd. & Side & Behind Side Cross.

1& Rock left to left side. ¼ turn right recovering weight fwd onto right. (3.00)
2& ½ turn right stepping back left. Hitch right knee.(9.00)
3&4 Step back right. Step back left. Step fwd. right.
5& Rock fwd. left , recover onto right.
6& Rock left to left side, recover weight onto right.
7&8 Cross left behind right. Step right to right side. Cross left over right.

Section 3. Rocking Monterey ½ Turn. Mambo Fwd. Triple Full Turn (or Left Coaster Step)

1 - 2 Rock right to right side, recover weight onto left.
& Make ½ turn right stepping right next to left. (3.00)
3 - 4 Rock left to left side, recover weight onto right.
& Step left at side of right.
5&6 Rock fwd right, recover weight onto left. Step back right.
7&8 Make a triple full turn left on the spot stepping left, right, left OR a left coaster step.

Section 4 . Switching Side Rocks right then left. Mambo Fwd. Triple Full Turn (or Left Coaster Step).

1 - 2 Rock right to right side, recover weight onto left.
& Step right at side of left.
3 - 4 Rock left to left side, recover weight onto right.
& Step left at side of right.
5&6 Rock fwd right, recover weight onto left. Step back right.
7&8 Make a triple full turn left on the spot stepping left, right, left OR a left coaster step.

Tag; End of Wall 7 Repeat Sections 3 & 4 then start from beginning of dance (Section 1.)

Enjoy and set your soul free!!!!!!