

Puss 'N' Boots

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ethel Prime (AUS) - November 2011
音乐: You're My Best Friend - Don Williams : (Album: Top 500 Hits - 2:48)



Alternative Music Puss 'N' Boots by Adam & The Ants. Album – Strip (3.16) - Count In: 32 counts, Dance starts on vocals

Count In: 16 counts, Dance starts on vocals

[1-8] Cross, Side, R Sailor Step, Cross, Side, Behind, Side, Cross:

- 1, 2, 3&4 Cross right over left, step left to left side, cross right behind left, step left to left side, step right to right side..
- 5, 6, 7&8 Cross left over right, step right to right side, cross left behind right, **** step right to right side cross left over right.

[9-16] R Toe: Touch Out, In, R Heel Hook, Step, Touch, L Coaster Step:

- 1, 2, 3, 4 Touch right toes out to right side, touch right toes next to left, touch right heel forward, hook right heel across left shin.
- 5, 6, 7& 8 Step right forward, touch left toes behind right, step back on left, step right beside left, step left forward.

[17-24] Rock, Recover, ½ Turn, Shuffle, Rock, Recover, ¼ L Sailor Step, Step:

- 1, 2, 3&4 Rock / step R forward, recover on left, ½ turn right, shuffle RLR (6.00)
- 5, 6, 7&8& Step left forward, recover on right, ¼ turn left sweeping left out and behind right, step right to right side, step left to left side, Step right beside left taking weight on R. (3.00)

[25-32] L Toe: Touch, Out, In, L Heel Hook, Step, Touch, R Coaster Step:

- 1, 2, 3, 4 Touch left toes out to left side, touch left toes next to right, touch left heel forward, hook left heel across right shin.
- 5, 6, 7& 8 Step left forward, touch right toes behind left, step back on right, step left beside right, step right forward.

[33-40] Rock, Recover, ½ Turn, Shuffle, Step, Rock, Recover, ¼ L Sailor Step:

- 1, 2, 3&4 Rock / step left forward, recover on right, ½ turn left, shuffle L.R.L. (9.00)
- &5,6, 7&8 Step right next to left, Step left forward, recover on right, ¼ turn left sweeping left out and behind right, Step right to right side, step left beside right (6.00)

[41-48] R Kick Ball Cross, Side, Touch, L Kick Ball Cross, Side, Touch:

- 1 & 2, 3, 4 Kick right to right diagonal, step right beside left, cross left over right, Take a big step to right side, touch left next to right.
- 5 & 6, 7, 8 Kick left to left diagonal, step left beside right, cross right over left. Take a big step to left side, touch right beside left.

[49-56] Hip Bumps x 2, Hip Roll Anti Clockwise x 2 :

- 1, 2, 3, 4 Step forward on right, bump hips twice to the right, then bump hips twice to the left
- 5, 6, 7, 8 Hip roll anti clockwise x 2

[57-64] Step, Recover, Full Turn, Rock, Recover, Cross, Step

- 1, 2, 3, 4 Step right forward, recover on left, ½ turn right stepping forward on right, ½ turn right Stepping back on left
- 5, 6, 7, 8 Rock right to right side, recover on left, cross right over left. Step left to left side.

TAG: You're my Best Friend Music : End of 2nd Wall - Rocking Chair , Two ½ Pivot Turns
Rock Forward on right, recover on left, step back on right, recover on left.

Step forward on right, pivot ½ turn left (6.00) Step forward on right, pivot ½ turn left (12.00)

End Of Dance Do the first 7 counts **** (6.00) ½ Pivot turn left facing (1200) wall.

TAG: Puss 'N' Boots music :-At the end of the 3rd wall. Add the following 4 counts:

Two ½ pivot turns.

1-2-3-4 Step forward on right, pivot ½ turn left (12.00) Step forward on right, pivot ½ turn left (6.00)

End Of Dance

ENJOY This dance is dedicated to the ladies at Pussin'Boots Line Dancing school in Fremantle.

Email hellraiseraus@gmail.com Phone 0434043467
