

Tractor Polka

拍数: 64 墙数: 3 级数: Intermediate
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音乐: Tractor Polka - Atomik Harmonik : (English version)



Intro: 48 counts

[1-8] Stomp R, kick diagonal R, coaster step R, stomp L, kick L diagonal L, coaster step L

1-2 Stomp R, kick R diagonal R forward,
3&4 Step R back, step L beside, step R forward,
5-6 Stomp L, kick L diagonal L forward,
7&8 Step L back, step R beside, step L forward,

[9-16] Shuffle R diagonal R forward, shuffle L diagonal L forward, rock forward, recover, ½ turn right backwards, ½ turn right backwards,

1&2 Step R diagonal right forward, close left beside, step R diagonal right forward,
3&4 Step L diagonal left forward, close right beside, step L diagonal L forward,
5-6 Rock R with 1/8 turn right forward, recover onto L, (12:00)
7-8 ½ turn right stepping forward onto R, ½ turn right stepping back onto L,

[17-24] Rock back, recover, kick ball cross, side rock, sailor heel ¼ turn right,

1-2 Rock back on R, recover weight onto L,
3&4 Kick R forward, step R beside L, cross L over R,
5-6 Rock R to right side, recover onto L,
7&8 ¼ turn right crossing R behind L, step L to left side, touch R heel forward, (03:00)

[25-32] Heel switches, hook, step forward, brush, step forward, brush,

&1&2 Step R beside L, touch L heel forward, step L beside R, touch R heel forward,
&3-4 Step R beside L, touch L heel forward, hook left in front of right ,
5-6 Step L forward, brush R forward,
7-8 Step R forward, brush L forward,

Restart here on wall 3, 4 & 7

[33-40] Rock L, recover, coaster step, rock R, recover, coaster step,

1-2 Rock L forward, recover onto R,
3&4 Step L back, step R beside L, ste L forward,
5-6 Rock R forward, recover onto L,
7&8 Step R back, step L beside R, step R forward,

[41-48] Step forward, ¼ pivot turn right, cross shuffle, side switches, heel switches,

1-2 Step L forward, ¼ turn R (06:00)
3&4 Cross left over R, close R beside L, cross L over R,
5&6& Touch R toes to right side, step back beside L, touch L toes to left side, step back beside R,
7&8& Touch R heel forward, step back beside L, touch L heel forward, step back beside R,

[49-56] Scuff, step forward, heels out & in, stomp, R&L

1-2 Scuff R forward, step R forward,
3&4 Turn both heels out to outside, turn both heels back in place, stomp right, (weight on R)
5-6 Scuff L forward, step L forward,
7&8 Turn both heels out to outside, turn both heels back in place, stomp L, (weight on L)

[57-64] Rock forward, recover, shuffle ½ turn right, rock forward, recover, sailor step ¼ turn left.

1-2 Rock R forward, recover onto L,

3&4 ¼ turn right stepping R to right side, close L beside, ¼ turn right stepping R forward, (12:00)
5-6 Rock L forward, recover onto R,
7&8 ¼ turn L crossing L behind R, step R beside L, step L to left side. (09:00)

Restart on wal 3,4 & 7

Dance wall 3 to count 31 (step R forward) and replace count 32 with a stomp L beside R. (weight on L) facing (09:00).

Dance wall 4 to count 31 (step R forward) and replace count 32 with a stomp L beside R. (weight on L) facing (12:00).

Dance wall 7 to count 31 (step R forward) and replace count 32 with a stomp L beside R. (weight on L) facing (09:00).

Restart the dance and keep on smiling !!
