

Sg Cha Cha Cha Megamix

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Improver
编舞者: Swee Tuan Leong - July 2010
音乐: Cha-Cha-Cha - Vhong Navarro : (CD: Don Romantiko)



Especially for Mary Poh and all the Suzuki line dancers at the Serangoon Gardens Country Club

This dance combines Stroll Along Cha Cha , Feel The Cha, and Electric Slide with easy Tags for phrasing

Begin SG Cha Cha Cha Megamix with:

STROLL ALONG CHA CHA by Rodeo Cowboys

Rotation : Clockwise

*2 Easy Tags at 6 O'clock and at 12 O'clock

Complete 4 walls of Stroll Along Cha Cha

ROCK, RECOVER, CHA-CHA-CHA

1 - 2 Cross/rock L over R, recover on R
3&4 Triple step in place L,R,L
5 - 6 Cross/ rock R over L, recover on L
7&8 Triple step in place R,L,R

WEAVE RIGHT, ROCK, RECOVER, CHA-CHA-CHA

9-12 Cross L over R, step R to right, cross L behind R, step R to right
13-14 Cross/rock L over R, recover on R
15&16 Triple step in place L,R,L

WEAVE LEFT, ROCK, RECOVER, CHA-CHA-CHA

17-20 Cross R over L, step L to left, cross R behind L, step L to left
21-22 Cross/rock R over L, recover on L
23&24 Triple step in place R,L,R

FORWARD, TURNING ½ RIGHT, CHA-CHA-CHA

25-26 Step L forward, turning ½ right (weight on R)
27&28 Triple step in place L,R,L

FORWARD, TURNING ¼ LEFT, CHA-CHA-CHA

29-30 Step R forward, turning ¼ left (weight on L)
31&32 Triple step in place R,L,R

Repeat 1-32 (i.e. 3 more times with Tags at end of wall 2 and 4)

TAG #1 : 6 O'Clock (at end of Wall 2 facing back wall)

OUT, OUT, IN, IN

1 - 4 Step L out, step R out, step L in, step R in (weight on R)

TAG # 2 : 12 O'CLOCK (at end of wall 4 facing front)

OUT, OUT, IN, IN (TOUCH)

1 - 4 Step L out, step R out, step L in, bring R in touching R next to L (weight on L)

After completing Tag # 2 and now facing 12 O'clock wall, continue Megamix dance with:

FEEL THE CHA by Amy Christian-Sohn

Rotation: Anti-clockwise

2 Easy Tags at 6 O'clock and at 12 O'clock

Complete 4 walls of Feel The Cha

SIDE ROCK, RECOVER, CHA-CHA-CHA (2X)

1 – 2 Rock/ Step R to right , recover on L
3&4 Triple step in place stepping R,L,R
5 – 6 Rock/ Step L to left, recover on R
7&8 Triple step in place L,R,L

BASIC FORWARD & BACK CHA-CHA-CHA

9-10 Step/Rock R forward, recover on L
11&12 Chasse back / lock step back R,L,R
13-14 Step/Rock L backward, recover on R
15&16 Chasse forward / lock step forward L,R,L

FORWARD, TURNING ¼ LEFT,CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

17-18 Step R forward, turning ¼ left (weight on L)
19&20 Moving left, cross shuffle/chasse R,L,R
21-22 Rock/ Step L to left, recover on R
23&24 Moving right, cross shuffle/chasse L,R,L

SIDE, TOGETHER (2X), ROCK FORWARD, RECOVER, TOUCH, HOLD

25-28 Step R to right, step L next to R, step R to right, step L next to R
(option: cuban hip movements)
29-31 Rock R forward, recover on L, touch R next to L (weight on L)
32 Hold (option: use your arms and strike a pose)

Repeat 1 -32 (i.e. 3 more times with Tags at end of wall 2 and 4)

Tag # 1: 6 O'Clock (at end of Wall 2 facing back wall)

OUT, OUT, IN, IN

1 – 4 Step R out, step L out, step R in, step L in (weight on L)

Tag # 2 : 12 O'Clock (at end of Wall 4 facing front)

OUT, OUT, IN, IN

1 – 4 Step R out, Step L out, step R in, step L in (weight on L)

After completing Tag # 2 and now facing 12 O'Clock wall, continue and end Megamix dance with :

ELECTRIC SLIDE (danced Bachata style)

This is based on the 18-count Electric slide choreographed by Unknown

Rotation : Anti-clockwise

NO TAGS

Dance until the end of the music track

SIDE BASIC (option: latin hip movement)

1 – 3 Moving right, step R to right, step L next to R, step R to right,
4 Touch ball of L next to /near to R **
5 – 7 Moving left, step L to left, step R next to L, step L to left
8 Touch ball of R next to / near to L **

BACK BASIC

9 – 11 Step R back, step L back, Step R back
12 Touch ball of L slightly forward/ in front of R **

ROCK FORWARD, ROCK BACK

13-14 Rock/Step L in place, Touch R toe behind L

15-16 Lifting R toe slightly Rock/ Step R back , Touch L heel in front of R
(option: shimmy your shoulders as you rock forward and back)

STEP AND ¼ TURNING LEFT, HITCH

17 Lift L heel slightly off the floor, step L in place and ¼ turning left
18 Hitch R knee to begin dance all over again

**** Bachata styling. At each ball touch, push up the hip corresponding to foot**
