

# You Better Stop

**COPPER KNOB**  
BY STEPHEN B. BROWN

拍数: 32                      墙数: 4                      级数: Intermediate NC  
编舞者: Maryloo (FR) - October 2011  
音乐: Stop - Sam Brown : (Album: The Very Best of Sam Brown)



Intro: 16 counts

## SWAY TO SIDE, L. ROLLING VINE, R. ROLLING VINE, STEPS ( L.R.), CROSS, BACK, BACK

- 1                      Step right swaying to right  
2&3                  ¼ turn left stepping left forward, ½ turn to left stepping right right back, ¼ turn left stepping left to side  
4 &5                  ¼ turn right stepping right forward, ½ turn right stepping left back, ¼ right stepping right to side,  
& 6                    ¼ turn right stepping left forward, step right forward (3.00)  
7&8                  Cross left sweeping over right, step right back, step left back

## R. COASTER STEP, RUN FORWARD (L.R.L.), ROCK BACK, RECOVER, ½ TURN LEFT STEPPING R. BACK, SAILOR ¼ TURN LEFT

- 1&2                  Big step right back, drag left together, step right forward  
3&4                  Step left forward, step right forward, step left forward  
5-6                  Rock right back, recover on left  
&                      ½ turn left stepping right back (9.00)  
7&8                  Step left slightly behind right, ¼ turn left stepping right next to left, step left slightly forward (6.00)

Restart here during 6th wall ( 3.00) – ( 6th wall begins facing 9.00) – RESTART FACING 3.00, this will begin 7th wall

Tag here during 8th wall ( 6.00) : make a Hold during 4 counts and continue the dance

## BALL/POINT TO SIDE WITH A ¼ TURN TO RIGHT, ¼ LEFT & DROP L., FULL TURNS (1/4-1/2-1/2-1/2) , STEP, STEP, RUN FORWARD ( R.L.R.), ROCK FORWARD

- &1                    Ball/step right on place with a ¼ turn right, touch/point left to side (9.00)  
2                      ¼ turn to left and drop left foot in place ( 6.00)  
&3                    1/4 turn left stepping right back ( 3.00), 1/2 turn left stepping left forward (9.00)  
&4                    ½ turn left stepping right back (3.00), ½ turn left stepping forward (9.00)  
&5                    Step right forward, step left forward  
6&7                  Step right forward, step left forward, step right forward  
8&                    Rock left forward, recover on right

## L. BACK , R. BACK WITH SWEEPING, BEHIND, SIDE, CROSS (R. & L. SIDE), RECOVER, SWAYING R. & L.

- 1                      Step left back sweeping right from front to back  
2                      Step right back sweeping left from front to back  
3&4                  Step left behind right, step right to side, cross left over right  
5&6                  Step right behind left, step left to side, cross right over left

Restart here during 3rd wall after 5&6&.....( 3.00)

- 7&8                  Recover back on left, step right swaying to right side, step left swaying to left side

RESTART :

On the 3rd wall, there is a restart at the 30 th count :

- 5&6&                  Step right behind left, step left to side, cross right over left , recover on left( &) then restart from the beginning (3.00)

On the 6th wall , dance up the 16 first counts and then restart from the beginning (3.00)

**TAG:** On the 8th wall after 16 counts ( 6.00), add 4 counts HOLD before continuing the dance  
**Option:** Cross right over left (lock) and make an UNWIND full turn to the left during the 4 counts  
**Easy option:** Describe a circle by raising arms stretched out in front of the body and get down again them laterally.

**Have Fun !**

**Contact choreographer : [malouwin@hotmail.fr](mailto:malouwin@hotmail.fr)**

**Last Revision - 22nd February 2012**

**Last Update: 30 May 2024**

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