

# Stone Rollin'

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Ultra Beginner  
编舞者: Irene Groundwater (CAN) - October 2011  
音乐: Stone Rollin' - Raphael Saadiq : (CD: Stone Rollin')



Intro: 32 counts

## [1-8] ROCK STEP, BACK COASTER, ROCK STEP, BACK COASTER

1-2-3&4                      R forward, L back, R back, Step L beside R, R forward

5-6-7&8                      L forward, R back, L back, Step R beside L, L forward

(Option - Cts 3&4 - Roll Hands in front of body fwd - R over L)

(Option - Cts 7&8 - Roll Hands in front of body fwd - L over R)

## [9-16] TOUCH FWD, STEP FWD SHAKING BODY (X 4)

1-2                      Touch R Ball forward, Switch weight to R shaking body forward

3-4                      Touch L Ball forward, Switch weight to L shaking body forward

5-6-7-8                      Repeat counts 1 to 4 shown directly above)

(Option - Skate slowly fwd x 4 crossing feet in front of each other- R-L-R-L))

(Option - Cts 1-2 - Twirl hands right in small circles, Cts3-4 - Twirl hands left)

(Option - Cts 5-6-7-8 - Repeat Hands movements in Cts 1-2-3-4)

## [17-24] BACK SHUFFLES (X 4)

1&2                      R back, Step L beside R

(Option - Lock L over R), R back

3&4                      L back, Step R beside L

(Option - Lock R over L). L back

5&6-7&8                      Repeat counts 1 to 4 shown directly above.

(Option - Raise hands overhead for back shuffles.)

(Option - (Back, Touches) x 4 - starting with R foot.)

## [25-32] SIDE SHIMMY (3 CTS), TOUCH, ¼ TURN R w. SIDE SHIMMY (3 CTS), TOUCH

1-2-3-4                      Side step R and shimmy 3 counts, Touch L Ball beside R instep

5-6-7                      Pivot ¼ turn right on R Ball and shimmy left for 3 counts,

8                      Touch R Ball beside L instep

**BEGIN AGAIN.**