

# One Love

拍数: 32      墙数: 4      级数: Beginner  
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音乐: One Love - Blue



Intro: 16 counts

## Walk Forward X2, Side Mambo, Walk Back X2, Side Mambo

1-2            Walk forward on L foot, walk forward on R foot  
3&4            Rock L foot to L side, recover weight on R foot, step L foot beside R foot  
5-6            Walk back on R foot, walk back on L foot  
7&8            Rock R foot to R side, recover weight on L foot, step R foot beside L foot

## Monterey ½ Turn, Toe Switches, Body Roll, Sailor ¼ Turn

1-2            Touch L toes to L side, turn ½ L stepping L foot in place  
3&4            Point R toes to R side, step R foot beside L foot, point L toes to L side  
5-6            Roll body from L to R ( 2 counts )  
7&8            Turn ¼ L crossing L foot behind R foot, step R foot in place, step L foot forward

## ( Rock, Recover, Behind Side Cross ) X2

1-2            Rock R foot to R side, recover weight on L foot  
3&4            Cross R foot behind L foot, step L foot to L side, cross R foot over L foot  
5-6            Rock L foot to L side, recover weight on R foot  
7&8            Cross L foot behind R foot, step R foot to R side, cross L foot over R foot

## Forward Rock, Recover, Full Turn, Sailor Cross, Side Rock, Recover

1-2            Rock R foot forward, recover weight on L foot  
3-4            Turn ½ R stepping R foot forward, turn ½ R stepping L foot back  
5&6            Cross R foot behind L foot, step L foot to L side, cross R foot over L foot  
7-8            Rock L foot to L side, recover weight on R foot

## Tag: After wall 3 and wall 6, add, ( Behind Side Cross, Touch ) X2

1-4            Cross L foot behind R foot, step R foot to R side, cross L foot over R foot, touch R toes to R side  
5-8            Cross R foot behind L foot, step L foot to L side, cross R foot over L foot, touch L toes to L side