

Spend The Night

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Vikki Morris (UK) - October 2011
音乐: Why Don't You Spend the Night - Ray Dylan



Start on the very first word "How"

S1: Step Right, Left Cross Rock Recover, ¼ Left Shuffle, Step ½ Pivot Left, Right Lock Step

1 - 3 Step Right to Right, Cross rock Left over Right, Recover on Right
4&5 Step Left to Left, Step Right to Left, Turn ¼ Turn Left with Left (9 o'clock)
6 - 7 Step forward Right, Pivot ½ Turn Left (3 o'clock)
8&1 Step forward Right, Lock Left behind Right, Step forward Right

S2: Left Rock Recover, Left Full Turn Back, Behind Side Cross, Right Rock Recover

2 - 3 Rock forward Left, Recover on Right
4 - 5 Turn ½ Turn Left stepping forward Left, Turn ½ Turn Left stepping back Right
6&7 Step Left behind Right, Step Right to Right, Cross Left over Right
8 - 1 Rock Right to Right, Recover on Left

S3: Right Sailor Step, Behind ¼ Turn Right Step Forward Left, Right Rock Recover, Right ½ Shuffle

2&3 Cross Right behind Left, Rock Left to Left, Step Right to Right
4&5 Cross Left behind Right, Turn ¼ Turn Right with Right, Step forward Left (6 o'clock)
6 - 7 Rock forward Right, Recover on Left
8&1 Turn ¼ Turn Right with Right, Step Left to Right, Turn ¼ Turn Right Stepping forward Right (12 o'clock)

S4: Skate Left Right, Cross Back Side, Right Cross Rock Recover, Sailor ¼ Right

2 - 3 Skate forward Left, Skate forward Right
4&5 Cross Left over Right, Step Back Right, Step Left to Left side
6 - 7 Cross Rock Right over Left, Recover on Left
8& Cross Right behind Left as you turn ¼ turn Right, Rock Left to Left (start dance again to complete the sailor step) (3 o'clock)

Start again with a SMILE !

*Tag: At the end of wall 4 facing 12 o'clock, add the following 8 count tag

Step Right, Left Cross Rock Recover, ¼ Left Shuffle, Pivot ¾ Turn Left, Right Side Shuffle

1 - 3 Step Right to Right, Cross Rock Left over Right, Recover on Right
4&5 Step Left to Left, Step Right to Left, Turn ¼ Turn Left with Left (9 o'clock)
6 - 7 Step forward with Right, Pivot ¾ Turn Left (12 o'clock)
8& Step Right to Right, Step Left to Right (start dance again to complete the side shuffle)