

Dance With Me

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate (pop)
编舞者: Sobrielo Philip Gene (SG) - October 2011
音乐: Dance With Me - Jennifer Lopez : (Album: J.Lo)



Intro: 36 counts from beginning of the track (approx. 20s)

Forward Mambo, coaster cross, ball cross, side, behind side cross

1&2 Rock right forward(1), recover weight on left(&), step right beside left(2)
3&4 Step left back(3), step right beside left(&), cross left over right(4)
&5-6 Step right slightly to right(&), cross left over right(5), step right to right (6)
7&8 Step left behind right(7), step right to right(&), cross left over right(8)

Toe switches, heel step, knee roll 1/4 right, knee roll 1/4 left, 1/2 paddles with points

1&2& Point right to right(1), step right beside left(&), point left to left(2), step left beside right(&)
3&4 Touch right heel forward(3), step right beside left (&), step left forward(4)
5-6 Roll right knee making 1/4 turn right(5), roll left knee making 1/4 turn left(6)
7-8 Making 1/4 turn left pointing right to right(7), making 1/4 turn left point righting to right(8)
(6.00)

Vaudeville right and left, step pivot 1/2, step 3/4 turn touch

1&2& Cross right over left(1), step left to left (&), bring right heel forward right(2), step right slightly back (&)
3&4& Cross left over right(3), step right to right(&), bring left heel forward left(&), step left slightly back (&)
5-6 Step forward right(5) turn 1/2 left, weight on left(6) (12.00)
&7-8 Step forward right(&) turn 3/4 left, weight on left(7), touch right beside left(8) (3.00)

Kick step step, hip bumps, shimmy, hip bumps

1&2 Kick right forward (1), step right to right(&), step left to left(2) feet apart.
3-4 Bump hips right(3), left(4)
5-6 Quick shimmies according to the rhythm
7&8& Bump hips right(7), left(&),right(8),left(&)

Repeat
