Tulsa Cha



拍数: 32 墙数: 1 级数: Ultra Beginner

编舞者: Cindy Hall (USA) & Ginny Smith (USA) - October 2011

音乐: Tulsa Time - Don Williams 或: Tulsa Time - Reba McEntire



Note: this dance was choreographed over 17 years ago, Cindy passed in 06 & while going thru one of her note books, I found numerous dances that we choreographed, but back in the day never got posted.

Cross L over R stepping forward with Staggering Motion, Cross R over L staggering motion, Crossing Triple

Step Cross L over R with swaggering motion
 Step Cross R over L with swaggering motion

3 & 4 Cross step L over R, Step R in place, Cross step L over R

Cross R over L stepping forward with Staggering Motion, Cross L over R staggering motion Crossing Triple

Step Cross R over L with swaggering motionStep Cross L over R with swaggering motion

7 & 8 Cross step R over R, Step L in place, Cross step R over L

L Rock forward, Recover, L triple back, R Rock Back, recover, R triple forward

9 -10 Rock forward on L, recover back on R
11& 12 Step back on L, bring R to L, step back on L
13-14 Rock back on R, recover forward on L

15 & 16 Step forward on R, bring L to R, step forward on R

L syncopated Vine

17-18 Step L to L, cross R behind L

19 & 20 Step L to L, step R next to L, step L to L

Cross R over L, Recover, R Triple turning 1/4 R

21-22 Cross R over L, recover back on R

23 & 24 Step on R Turning 1/4 to R, step L next to R, step R slighly forward

L Rock Forward, recover, L Triple back, R Rock Back, Recover, R Triple Forward

25 -26 Rock forward on L, recover back on R
27& 28 Step back on L, bring R to L, step back on L
29-30 Rock back on R, recover forward on L

31 & 32 Step forward on R, bring L to R, step forward on R

Repeat