

Get In The Groove

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Chris Cleevely (UK) - September 2011
音乐: If You Can't Dance - Same Difference



Start on vocals. - (Entered in the Linedancer Magazine Choreography Competition.)

Jazz Box, Kick; Left Coaster Step; Walk Forward Right/Left

1 - 2 Cross right over left, step back on left
3 - 4 Step right to right side, kick left forward
5 & 6 Step back on left, step right by left, step forward on left
7 - 8 Walk forward right, walk forward left

¼ Turning Jazz Box Right; Right, Behind; ¼ Right, Touch Left

9 - 10 Cross right over left, step back on left (3.00 o'clock)
11 - 12 Making ¼ turn right, step forward on right, step forward on left

(Third restart here during wall 7 - you will be facing 3.00 o'clock to restart.)

13 - 14 Step right to right side, cross left behind right
15 - 16 Step ¼ turn right, touch left toe beside right (6.00 o'clock)

(First & second restarts here during walls 2 & 5- you will be facing 9.00 o'clock for both restarts – change count 16 – step forward on left.)

Left Kick & Touch Behind; Twist ½ Turn Right, Hold & Clap; Left Kick Ball Step; Step Forward Left, Scuff Right

17 & 18 Kick Left forward, take weight onto left, touch right toe slightly behind left
19 - 20 Twist ½ turn right (weight on right), hold & clap (12.00 o'clock)
21 & 22 Kick left forward, take weight on ball of left, step forward on right
23 - 24 Step forward on left, scuff right forward

Rock Forward, Recover; ½ Turn Right, Step; 2 x Step Points

25 - 26 Rock forward on right, recover weight on left
27 - 28 Making ½ turn right, step forward on right, step forward on left (6.00 o'clock)
29 - 30 Step forward on right, point left to left side
31 - 32 Step forward on left, point right to right side

(Fourth restart here during wall 8 – you will be facing 9.00 o'clock to restart))

¼ Monteray turn right, point left; Behind, Side; Behind, Side, Behind; Rock ¼ Left, Recover

33 - 34 Making ¼ turn right, step right in place, point left to left side (9.00 o'clock)
35 - 36 Cross left behind right, step right to right side
37 & 38 Cross left behind right, step right to right side & cross left behind right
39 - 40 Making ¼ turn left, rock back on right, recover weight on left (6.00 o'clock)

Rock Forward, Recover; Rock, Recover, Step (x 2)

41 - 42 Rock forward on right, recover weight on left
43 & 44 Rock forward on right, recover weight on left, step forward on right
45 - 46 Rock forward on left, recover weight on right
47 & 48 Rock forward on left, recover weight on right, step forward on left

(Optional movements for counts 41 – 48: Shake hips & hold hands high with wrists overlapping.)

Walk Right, Left; ¼ Turn Right, Stepping on Right, Ball Step Right; Left Rocking Chair

49 - 50 Walk forward right, walk forward left
51 & 52 Making ¼ turn right, step right, take weight on ball of left, step forward right(9.00 o'clock)
53 - 54 Rock forward on left, recover weight on right

55 - 56 Rock back on left, recover weight on right

Step, Pivot ½ Turn Right; Forward Left Mambo; Walk Back Right/Left; Rock Back Right, Recover (with attitude)

57 - 58 Step forward on left, pivot ½ turn right (3.00 oclock)

59 & 60 Rock forward on left, recover on right, step back on left

61 - 62 Walk back right, walk back left (or full turn right)

63 - 64 Rock back on right

(Optional movements for counts 63 – 64: Lean back on right & push up on left.)

(1 Tag at the end of wall 3 – extra jazz box, step – weight on left.)

(Order of steps: 64; 16; 64; 4; 64; 16; 64; 12; 32; 64; 20)

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