

Best Day Ever

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Joyce Nicholas (MY) - October 2011
音乐: Best Day of My Life - Jesse McCartney



8 Count intro

(1-8) Back, Drag, Ball Step, Back Rock, Forward Shuffle

1,2 Large step back on L, Drag R next to left (no weight)
&3,4 Step on ball of R in place, Cross L over right, Step R beside left
5,6 Rock back on L, Recover on R
7&8 Step L fwd, Step R beside left, Step L fwd

(9-16) Step, Pivot ¼ L, Cross Shuffle, ½ Turn R, Kick Ball Point

1,2 Step R fwd, Pivot ¼ turn L
3&4 Cross R over left, Step L to left. Cross R over left
5,6 Side step L, Pivot ½ turn R as you side step R
7&8 Kick L fwd, Step L in place, Point R to side

(17-24) Sailor Step, Cross Behind, Unwind ½ L, Side, Snap Fingers, ¼ Turn L, Together, Snap Fingers

1&2 Step R behind left, Step L to left, Step R to right
3,4 Touch L behind right, unwind ½ L (ending with weight on L)
5,6 Step R to right, Snap fingers to R (at shoulder level)
&7,8 Turning ¼ left Step on L, Step R beside left, Snap fingers to L (at shoulder level)

(25-32) R chasse, Sway L, R, Sailor ¼ Turn L, Step Brush

1&2 Step R to right, Step L next to right, Step R to right
3,4 Step L to side sway L, Sway R
5&6 Cross L behind right, Make ¼ turn left, step R beside left, Step slightly fwd on L
7&8 Step fwd on R, Brush L fwd

START AGAIN

TAG: End of Wall 2 (facing 6 o'clock)

Rock Back, Recover, Rock Fwd, Recover

1,2 Rock Back on L, Recover fwd on R
3,4 Rock fwd on L, Recover back on R

RESTART: 5th Wall (facing front) – Dance only 16count and restart (facing 3 o'clock)

For count 15 & 16, do a Kick ball step instead of Kick ball point.