

# Lightning Express

COPPERKNOB  
STEPPERS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Shanthie De Mel (AUS) - October 2011  
音乐: Lightning Express - The Everly Brothers



Begin: Wt. on L. 12 count instrumental intro. Start on vocals. (Rotation CCW)  
Split floor dance to Beginner dance FARE CHANCE to the same music, by Shanthie De Mel.

## WALTZ BACK. FWD. SLOW KICK

1, 2, 3      Step R back. Close L to R. Step R in place  
4, 5, 6      Step L fwd. Slow kick R fwd for 2 counts (12:00 )

## BACK. CROSS. BACK. (REPEAT ON OTHER FOOT)

1, 2, 3      Step R back diag to right side. Cross L over R. Step R back diag  
4, 5, 6      Step L back diag to left side. Cross R over L. Step L back diag (12:00)

## CROSS. HOLD. HOLD. ROCK SIDE. RETURN. BACK

1, 2, 3      Cross R over L. Hold. Hold  
4, 5, 6      Rock L to left side. Return R in place. Step L behind R heel (12:00)  
(Styling: At cross-hold, bend both knees & spread out arms to each side.)

## CROSS. HOLD. HOLD. ROCK SIDE. RETURN. BACK

1, 2, 3      Cross R over L. Hold. Hold  
4, 5, 6      Rock L to left side. Return R in place. Step L behind R heel (12:00)  
(Styling: At cross-hold, bend both knees & spread out arms to each side.)

## SAILOR WALTZ BACK x2

1, 2, 3      Cross R behind L. Step L to left side. Step R to right side.  
4, 5, 6      Cross L behind R. Step R to right side. Step L to left side. (12:00)

## SIDE SWAY. TOUCH. HOLD. (TO RIGHT & LEFT)

1, 2, 3      Step R to right side swaying. Touch L to R. Hold.  
4, 5, 6      Step L to left side swaying. Touch R to L. Hold. (12:00)

## FWD LOCK WALTZ x2

1, 2, 3      Step R fwd. Lock L behind R. Step R fwd  
4, 5, 6      Step L fwd. Lock R behind L. Step L fwd (12:00)

## SLOW PADDLE 1/4 LEFT. BACK DRAG

1, 2, 3      Step R fwd. Turn 1/4 left (\*)keeping weight on R for 2 counts  
4 - 6      On L take a big step diag back with a drag pointing R diag fwd for 3 counts (9:00)

Ending (optional) At count 44\* of last rotation make 3/4 turn left on L to face 12:00 (2 counts)  
Step R to right side (3 counts).

This dance is dedicated to my class mate Hyacinth Ragel-Jones of Sydney, with fond memories of yester year & 'The Everly Brothers in Concert singing Lightning Express' !