

# Bottle up Lightning

**COPPER KNOB**  
STEPSHEETS

拍数: 56      墙数: 4      级数: Phrased Easy Intermediate  
编舞者: Judy Rodgers (USA) - September 2011  
音乐: Bottle Up Lightning - Lady A : (CD: bonus track on Need You Now or single)



32 count intro from heavy beat (starts on vocals) - (starting wall/clock in parenthesis)

Sequence: A(12), A(6), B(12), B(3), B(6), A(9) (restart), A(9), B(3), B(6), B(9) (4 cnt tag), B(12), B(3), B(6), B(9)

Part A (Verse)...32 counts (walls 1, 2, 6, 7):

**STEP, BEHIND, STEP, BEHIND, STEP, BEHIND, SCISSOR CROSS**

1-6            Step right to right, step left behind (3) \* (drop right shoulder on R ft, left shoulder on L ft)  
7&8           Step right to right, step left together, step right across left (12:00)

**SIDE ROCK, RECOVER, SAILOR TURN ¼ L, KICK BALL CHANGE, PIVOT ¼**

1-2            Rock left to left, recover to right  
3&4           Step left behind right, turn ¼ left step right together, step left slightly forward (9:00)  
5&6           Kick right forward, step down on right, step left forward  
7-8           Step right forward, turn ¼ left stepping down on left (6:00)

**CROSS, SIDE, CROSS & CROSS, SIDE ROCK, RECOVER, SAILOR TURN ½**

1-2            Cross step right over left, step left to side  
3&4           Cross right over left, step left to side, cross right over left  
5-6           Rock left to left, recover to right  
7&8           Step left behind right, turn ½ left stepping down on right, step forward on left (12:00)

**RIGHT HIP BUMPS, LEFT HIP BUMPS, ROCK, RECOVER, TURN ½ R WALK, WALK**

1&2           Step forward right, bump right, left, right  
3&4           Step forward left, bump left, right, left \*\*\*\* restart here on wall 6 (facing 9:00)\*\*\*\*  
5-6           Rock right forward, recover to left  
7-8           Turn ½ right step right forward, step left forward (6:00)

Part B (Chorus)...24 counts (walls 3, 4, 5, 8, 9, 10, 11, 12, 13, 14):

**KICK BALL CROSS, STEP DRAG, ROLLING VINE WITH CROSS**

1&2           Right kick, step down on right, step left across right (12:00)  
3-4           Step big step right, drag left to right  
5-6           Turn ¼ left step left forward, turn ½ left step right back  
7-8           Turn ¼ left step left to left side, cross right over left (12:00)

**STEP, DRAG, BALL CROSS SIDE, BEHIND, SIDE, CROSSING SHUFFLE**

1-2            Left take big step left, drag right beside left  
&3-4          Step right together, cross left over right, step right to right side  
5-6           Step left behind right, step right to side  
7&8           Step left across right, step right to right, step left cross right

**TURN ¼, TURN ½, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP**

1-2            Turn ¼ left stepping right back, turn ½ left stepping left forward (3:00)  
3&4           Shuffle forward right, left, right  
5-6           Rock left forward, recover right  
7-8           Step left back, step right together, step left forward

**TAG: 4-count tag after Wall 10 (facing 12:00) Rock R to side, recover L, rock R back, recover L**

